Forbidden Love

拍數: 48

級數: Intermediate

編舞者: Jackie Snyder (USA)

音樂: Bailamos - Enrique Iglesias

SIDE ROCK RIGHT, LEFT, CROSS RIGHT; SIDE ROCK LEFT, RIGHT, CROSS LEFT; HIP SWAYS

1&2 Step & rock right to right side, rock weight to left, cross right over left

牆數:4

- 3&4 Step & rock left to left side, rock weight to right side, cross left over right
- 5-8 Step slightly forward on right with knees bent & body lowered & straighten up for 4 counts by swaying hips side to side right, left, right, left (raise and extend arms forward)

SHUFFLE BACK RIGHT, LEFT, RIGHT; SHUFFLE BACK LEFT, RIGHT, LEFT; RIGHT KICK & SWEEP ½ TURN RIGHT, LEFT COASTER STEP

- 1&2 Shuffle back right, left, right (bend left arm at elbow pointing up, right arm bent across abdomen)
- 3&4 Shuffle back left, right, left (bend right arm at elbow pointing up, left arm bent across abdomen)
- 5-6 Kick right forward slightly, sweep right back into a ½ turn right bringing weight onto right 7&8 Step back on left, step right next to left, step left forward (left coaster step)

ROCK FORWARD RIGHT, BACK LEFT, TRIPLE STEP INTO FULL TURN RIGHT; ROCK BACK LEFT, FORWARD RIGHT, SHUFFLE FORWARD LEFT, RIGHT, LEFT

- 1-2 Rock forward on left, rock back on left
- 3&4 Turn ½ turn right on right, turn ½ turn right stepping back on left, step slightly back on right (full turn right)
- 5-6 Rock back on left with a lunge backwards, rock forward on right
- 7&8 Shuffle forward left, right, left

SIDE RIGHT, LEFT TOGETHER; SIDE SHUFFLES RIGHT, LEFT, ¼ RIGHT; ½ TURN RIGHT, ¼ TURN RIGHT TRIPLE TO SIDE LEFT, RIGHT, LEFT

- 1-2 Step right to right side, step left next to right
- 3&4 Side shuffle right, left, ¼ turn to right with right
- 5-6 Step forward left, turn ½ turn right bringing weight onto right
- 7&8 Step ¼ turn left with left, step right next to left, step left to left side

RIGHT & LEFT CIRCULAR LEG MOTIONS; RIGHT & LEFT SIDE POINTS, ½ TURN LEFT WITH RIGHT POINTING BACK

- 1-2 Step slightly forward on right with right knee bent & circle right knee & hip to the right 2x
- 3-4 Step slightly forward on left with left knee bent & circle left knee & hip counter to the right 2x
- 5&6 Point right toe to right side, step right next to left, point left toe to left side
- &7-8 Step left next to right, while pivoting on the ball of left turn ½ turn to left & point right toe back, step weight forward onto left

RIGHT MAMBO STEP FORWARD, LEFT MAMBO STEP BACK; 1/8 TURN LEFT WITH HIP ROLL, 1/8 TURN LEFT WITH HIP ROLL

- 1&2 Rock forward on right, rock weight back on left, step right next to left
- 3&4 Rock back on left, rock weight on right, step left next to right
- 5-6 Step slightly forward on right, rotate hips to the left into 1/8 turn left bringing weight to left 7-8 Repeat counts 5-6 above
- REPEAT





TAG

The following 6 count tag will occur at the end of the 2nd wall:

- 1&2 Rock forward on right, rock weight back on left, step right next to left
- 3&4 Rock back on left, rock weight on right, step left next to right
- 5-6 Step slightly forward on right, rotate hips to the left in to ¼ turn left bringing weight to left, and start dance from beginning