

Forbidden Fruit

COPPER KNOB
BY STEPHEN T. S.

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Neil Cook (UK)
音樂: Push It - Salt-N-Pepa



RIGHT TOUCH, HOOK, AND LEFT TOUCH, HOOK, LEFT HIP BUMPS WITH LEAN, HOLD, LEAN BACK

- 1 Touch right out to right side
- 2 Hook right behind left
- &3 Step down on right, and hook left behind right
- 4 Touch left out to left side
- 5-6 Step down on left bumping hips left twice and leaning to left
- 7 Hold
- 8 Lean back to center

STEP KICK RIGHT, STEP KICK LEFT, TAP LEFT TWICE, HOLD, AND BACK LEFT, BACK RIGHT

- 1-2 Step left forward, kick right forward
- 3-4 Step right forward, kick left forward
- 5-6 Tap left forward twice
- 7 Hold
- &8 Step left back, and step right back

STEP FORWARD, PADDLE ¼ RIGHT TURN X3, LEFT SAILOR STEP, RIGHT CROSSING SHUFFLE

- 1 Step right forward
- &2 Hitch left making a ¼ turn right and point left out to left side
- &3 Hitch left making a ¼ turn right and point left out to left side
- &4 Hitch left making a ¼ turn right and point left out to left side
- 5-6 Cross left behind right, step right to right side, step left to place
- 7-8 Cross right over left, step left to left side, cross right over left

LEFT ROCK AND RECOVER, RIGHT WEAVE, HOLD, UNWIND LEFT ½ TURN

- 1-2 Rock left out to left side, and recover on right
- 3& Cross left behind right, step right to right side
- 4& Cross right over left, step left to left side
- 5-6 Cross left behind right, and hold
- 7-8 Unwind ½ turn over left shoulder

STEP, TOUCH, RIGHT ½ TURNING SHUFFLE, STEP, TOUCH, RIGHT ½ TURNING SHUFFLE

- 1-2 Step left forward and touch right next to left
- 3-4 Shuffle step back making ½ turn right, stepping right, left, right
- 5-6 Step left forward and touch right next to left
- 7-8 Shuffle step back making ½ turn right, stepping right, left, right

LEFT SHUFFLE, TOUCH, TOUCH ¼ TURN LEFT, RIGHT SHUFFLE, TOUCH, ¼ TURN RIGHT

- 1-2 Step forward left, close right beside left, step forward left
- 3 Touch right forward
- 4 Touch right to right side, making a ¼ turn left
- 5-6 Step forward right, close left beside right, step forward right
- 7 Touch left forward
- 8 Touch left to left side, making a ¼ turn right

LEFT ROCK RECOVER, ½ TURN LEFT AND TAP TWICE, LEFT TRIPLE STEP, ½ TURN RIGHT AND TAP TWICE

- 1-2 Rock left out to left side, and recover on right
- 3-4 Make a ½ turn over left shoulder and tap left twice in place
- 5&6 Triple step in place, stepping left, right, left
- 7-8 Make a ½ turn over right shoulder and tap right twice in place

RIGHT CHASSE, LEFT CROSS ROCK, LEFT CHASSE, RIGHT ROCK BACK

- 1-2 Step right to right side, close left beside right, step right to right side
- 3-4 Cross rock forward on left, recover onto right
- 5-6 Step left to left side, close right beside left, step left to left side
- 7-8 Rock back on right, recover onto left

REPEAT
