

For-Ever-More Waltz (P)

COPPERKNOB
BY SHEETS

拍數: 60 牆數: 0 級數: Partner
編舞者: Sheila "She She" M. Butlin (USA) & Deloyd "DJ" Jackson (USA)
音樂: Lover's Waltz - The Merrymen



Position: Dance starts with Man facing LOD, Lady facing Man in closed position

WALTZ STEPS, 4 POINT STAR IN BANJO POSITION, TWINKLE RIGHT-LEFT

Option: 3 counts before start of dance, man bows to lady, lady curtsey to man

- 1-6 **MAN:** Waltz forward, left-right-left, right-left- right
 LADY: Waltz backward, right-left-right, left-right- left
- 7-9 **MAN:** Waltz forward, left-right-left, with $\frac{1}{4}$ turn to the left (short steps), shift position to place lady's right hip to man's right hip while turning-(banjo position)
 LADY: Waltz backward, right-left-right, turning $\frac{1}{4}$ to the right
- 10-12 **MAN:** Waltz backward, right-left-right, turning $\frac{1}{4}$ to the right to face RLOD
 LADY: Waltz forward, left-right-left, turning $\frac{1}{4}$ to the left to face LOD
- 13-15 **MAN:** Waltz forward, left-right-left, turning $\frac{1}{4}$ to the left
 LADY: Waltz backward, right-left-right, turning $\frac{1}{4}$ to the right
- 16-18 **MAN:** Waltz backward, right-left-right, turning $\frac{1}{4}$ to the right to face LOD
 LADY: Waltz forward, left-right-left, turning $\frac{1}{4}$ to the left to face RLOD
- 19-21 **MAN:** Step left foot across front of right foot, place right foot to right of left foot, shift weight to left foot, (place right hand behind back, touch palm of left hand to palm of lady's right hand)
 LADY: Step right foot across front of left foot, place left foot to left of right foot, shift weight to right foot, (place left hand behind back, touch palm of right hand to palm of man's left hand)
- 22-24 **MAN:** Step right foot across front of left foot, place left foot to left of right foot, shift weight to right foot, (place left hand behind back, touch palm of right hand to palm of lady's left hand)
 LADY: Step left foot across front of right foot place right foot to right of left foot, shift weight to left foot, (place right hand behind back, touch palm of left hand to palm of man's right hand)

TRANSITION, STEP-DRAG, WALTZ, SEPARATE

- 25-27 **MAN:** Moving to the left do a left-right-pause shifting weight to the right foot on count 3 and extending left hand to pick up lady in sweetheart position after she completes her turn to face LOD. (at start of lady's turn with right hand, touch then raise lady's right hand to allow lady to turn under man's right arm)
 LADY: Moving to the left, waltz making $\frac{1}{2}$ right turn, right foot over left, left step back step on right facing LOD. Release left hand and with right hand touch man's right hand and turn under man's right arm ending in the sweetheart position
- 28-30 BOTH: Step forward (30 degrees) to the right with left foot, drag right toe to back of left foot, (with heel up), pause.
- 31-33 BOTH: Step backward with right foot, drag left foot back to front of right foot for 2 counts with toe touching and heel up
- 34-36 BOTH: Waltz forward, left-right-left

37-39 **MAN:** Waltz forward, right-left-right, bring lady's hands above her head, cup hands around lady's hands as she turns
LADY: Waltz forward, right-left-right, turning ½ to her right, facing man.(man cups lady's hands as she makes her turn)

After lady completes her turn to face RLOD touch hands, palm to palm momentarily, then place hands behind back at belt level

40-42 **MAN:** Waltz backwards, left-right-left, short steps
LADY: Waltz backwards, left-right-left, short steps

STEP PAUSE, LADY TURNS, WALTZ, RETURN TO CLOSED POSITION

43-45 **MAN:** Step right foot across left foot, place left foot to left of right foot (point left toe outward and body at slight angle to the right) hold for one count. (keep both hands behind back)
LADY: Step right foot across left foot, place left foot to left of right foot (pointing left toe outward and body at slight angle to the right) hold for one count. (keep both hands behind back)

46-48 **MAN:** Step left foot across right foot, place right foot to right of left foot (pointing right toe outward and body at slight angle to the left) hold for one count, (keep both hands behind back)
LADY: Step left foot across right foot, place right foot to left of right foot (pointing right toe outward and body at slight angle to the left) hold for one count. (keep both hands behind back)

49-51 **MAN:** Waltz step to the left, right-left-right (cross right foot over left-tinkle) pick up lady in sweetheart position after lady completes her turn
LADY: Waltz across - right over left - step left making a ½ turn to the right to the right to face LOD step on right ending in sweetheart position

52-54 **BOTH:** Waltz forward, left-right-left

55-57 **BOTH:** Waltz forward, right-left-right

57-60 **MAN:** Step forward with left foot, bring right foot forward alongside left foot on count 2, (pause) step on right foot on count 3
LADY: Step forward on left foot, bring right foot up to left, make a ½ turn left, leaving weight on left foot and hold for count 3 returning to closed position (or do a left-right-left waltz turning ½ on count 2 to face RLOD)

REPEAT

End of dance to the music "Lovers' Waltz" by The Merryman is at step 60. This allows dance partners to touch hands, palm-to-palm ending the dance. Other waltz music may not allow this to happen.
