

For You

COPPER KNOB
BY STEPHEN HETS

拍數: 0 牆數: 2 級數: Intermediate
編舞者: Kate Sala (UK)
音樂: For You - Raul Malo



Sequence: AA, BB, Tag, AA, BB, Tag, A (1-32), B, Tag, B till the end

PART A

RIGHT SIDE STEP, TOGETHER, FORWARD, HOLD, STEP, PIVOT ½ TURN, SHUFFLE ½ TURN

1-4 Step right to right side, step left next to right, step forward on right, hold
5-6 Step forward on left, pivot ½ turn right
7&8 Shuffle ½ turn right on left, right, left traveling back towards 6:00

WALK BACK TWICE, TURN ¼ LEFT, HOLD, WALK BACK TWICE, TURN ¼ RIGHT, HOLD

1-4 Walk back on right, left, turn ¼ left stepping right to right side, hold
5-8 Walk back on left, right, turn ¼ right stepping left to left side, hold, (12:00)

BEHIND, SIDE, SHUFFLE, STEP PIVOT ½ TURN, STEP, FULL SPIRAL TURN RIGHT

1-2-3&4 Cross step right behind left, step left to left side, shuffle forward on right, left, right
5-8 Step forward on left, pivot ½ turn right, step forward on left, full turn left on ball of left keeping right foot up

ROCKING CHAIR, SHUFFLE, STEP, SCUFF

1-4 Now facing 6:00 rock forward on right, rock back on left, rock back on right, rock forward on left
5&6-7-8 Shuffle forward on right, left, right, step forward on left, scuff right forward

Continue with Part B from here when dancing 32 counts only

CROSS, BACK, BACK, CROSS, BACK, BACK, STEP FORWARD, HOLD

1-2-3 Cross step right over left, step left back on left diagonal, step right back on right diagonal
4-5-6 Cross step left over right, step right back on right diagonal, step left back on left diagonal
7-8 Step forward on right, hold

STEP PIVOT ½ TURN RIGHT TWICE, JAZZ BOX, HOLD

1-4 Step forward on left, pivot ½ turn right, step forward on left, pivot ½ turn right
5-8 Cross step left over right, step back on right, step left to left side, hold

The above 5-8 (counts 45-48) are only danced when facing the back wall. When facing the front wall stomp forward on left on count 45 and hold for counts 46-48

PART B

CHASSE RIGHT, ROCK BACK, RECOVER, CHASSE LEFT, ROCK BACK, RECOVER

1&2 Step right to right side, step left next to right, step right to right side
3-4 Cross rock on left behind right, recover on to right
5&6 Step left to left side, step right next to left, step left to left side
7-8 Cross rock on right behind left, recover on to left

STEP PIVOT ½ TURN LEFT TWICE, CROSS, SIDE TOUCH, CROSS BEHIND, SIDE TOUCH

1-4 Step forward on right, pivot ½ turn left, step forward on right, pivot ½ turn left
5-6 Cross step right over left, touch left out to left side
7-8 Cross step left behind right, touch right out to right side

STOMP, TOE FAN, SIDE KICK & BALL STEP LEFT, STEP RIGHT, BEHIND, CHASSE

- 1-2 Stomp on right slightly forward with toes turned in, fan toes out to right
3&4 Low kick right out to right side, step on ball of right behind left, step left to left side
5-6 Step right to right side, cross step left behind right
7&8 Step right to right side, step left next to right, step right to right side

HEEL SWITCHES, COASTER STEP, SHUFFLE FORWARD, STEP PIVOT ½ TURN

- 1&2 Dig left heel forward, bring left in next to right, dig right heel forward
3&4 Step back on right, step left next to right, step forward on right
5&6 Shuffle forward on left, right, left
7-8 Step forward on right, pivot ½ turn left

TAG

Only danced facing 12:00

RIGHT STEP FORWARD, HOLD, BALL STEP FORWARD, STEP FORWARD ON LEFT

- 1-2 Step forward on right, hold
&3-4 Step ball of left behind right, step forward on right, step forward on left
-