

For The Good Times

拍數: 32 牆數: 4 級數: Beginner rumba
編舞者: Kirsi-Marja Vinberg (FIN)
音樂: For the Good Times - Kenny Rogers



RUMBA BASIC MOVING FORWARD

1-4 Step left forward, hold, step right to right side, step left together
5-8 Step right forward, hold, step left to the side, right together

LEFT SCISSORS, STEP TO SIDE, CROSS, STEP TO SIDE, CROSS, SWEEP

1-3 Step left to left side, right together, step left across right
4-7 Step right to right side, left across, right toe to side, left across right
8 Sweep right toe from back to front

CROSS STEP, STEP TO SIDE, TOGETHER, STEP BACK, SWEEPS AND STEPS BACK

1-2 Step right across left, step left to side
3-4 Step right together, step left back
5-6 Sweep right toe from front to back, step right foot down
7-8 Sweep left toe from front to back, step left foot down

STEP TO SIDE, TOGETHER, RIGHT SCISSORS, HOLD, TURN ¼ RIGHT AND STEP LEFT BACK, RIGHT TOGETHER

1-2 Step right to side, left together
3-6 Step right to side, left together, right across left, hold
7-8 Turn ¼ right and step left foot back, right together

REPEAT
