

# For Reasons I've Forgotten

**COPPER** KNOB  
BY STEPHEN BRETZ

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Rosalie Mackay (AUS)  
音樂: For Reasons I've Forgotten - Jamie O'Hara



## **SIDE, TOGETHER, SHUFFLE FORWARD, ROCK FORWARD/BACK, BACK/FORWARD**

1-2-3&4      Step left to side, step right together, shuffle forward left, right, left  
5-6-7-8      Rock/step right forward, rock back on left, rock/step right back, rock forward on left

## **SIDE, TOGETHER, SHUFFLE BACK, ROCK BACK/FORWARD, THREE-QUARTER TURN, SIDE SHUFFLE**

1-2-3&4      Step right to side, step left together, shuffle back right, left, right  
5-6-7-8&1      Rock/step left back, rock forward on right, step left forward & turn  $\frac{3}{4}$  turn right, shuffle to right (right, left, right)

## **QUARTER, HOLD, HALF, HOLD, BACK, SHUFFLE FORWARD**

2-3-4-5      Turn  $\frac{1}{4}$  turn left & step left forward, hold, turn  $\frac{1}{2}$  turn left & step right back, hold  
6-7&8      Step left back, shuffle forward right, left, right

## **QUARTER-PIVOT, CROSS SHUFFLE, QUARTER, HITCH/HALF, SHUFFLE FORWARD**

1-2-3&4      Step left forward, turn  $\frac{1}{4}$  turn right transferring weight to right, cross left over right, step right to side, cross left over right  
5-6-7&8      Turning  $\frac{1}{4}$  turn left step right back, turn  $\frac{1}{2}$  turn left on ball of right hitching left knee, shuffle forward left, right, left

## **ROCK FORWARD/BACK, BACK, POINT, BACK, POINT, BACK, POINT**

1-2-3-4      Rock/step right forward, rock back on left, step right back, point left toe to side  
5-6-7-8      Step left back, point right toe to side, step right back, point left toe to side

## **CROSS, SIDE, CROSS, SWEEP, CROSS, HALF-TURN, SIDE SHUFFLE**

1-2-3-4      Cross left over right, step right to side, cross left over right, sweep right forward  
5-6-7&8      Cross right over left, turning  $\frac{1}{4}$  turn right step left back, turning a further  $\frac{1}{4}$  turn right shuffle to right (right, left, right)

## **QUARTER, HOLD, & THREE-QUARTER TURN, CROSS, QUARTER/BACK, TOGETHER, FORWARD COASTER**

1-2&3-4      Turning  $\frac{1}{4}$  turn left step left forward, hold, traveling forward & turning  $\frac{3}{4}$  turn left quickly step on right, step left to side, cross right over left  
5-6-7&8      Turning  $\frac{1}{4}$  turn right step left back, step right beside left, step left forward, step right beside left, step left back

## **HIP SWAYS, FORWARD, FULL TURN, SIDE & CROSS**

1-2-3-4      Stepping back on right & turning  $\frac{1}{4}$  turn right sway hips right, left, right turn  $\frac{1}{4}$  turn left & step left forward  
5-6-7&8      Traveling forward & turning full turn left step right, left, step right to right side, quickly step left beside right (slightly back), cross right over left

## **REPEAT**

## **TAG**

**There are 4 extra counts after wall 1:**

1-4      Step left to left side and sway hips left, right, left, right