

For Me And You

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Beginner
編舞者: Helen Harris (UK)
音樂: This Is Not a Love Song - Runrig



ROCK AND ½ TURN RIGHT, STEPS

1-2 Rock forward right, regain on left
3-4 Rock back right, regain on left
5 ½ turn over right shoulder, stepping back on right
6 Step back on left
7 Step back on right
8 Step forward left

ROCK, ½ TURN, STEP, VINE RIGHT

9-10 Rock forward right, regain left
11 ½ turn over right shoulder, stepping forward on right
12 Step left next to right
13-16 Step right to right, left behind, right to side, slide left next to right

VINE LEFT, STEP, SLIDE, STEP, TOUCH

17-20 Step left to left, right behind, left to side, slide right next to left
21-24 Step right foot forward (45 degrees to right), slide left foot together, step forward right, touch left next to right

BACK STEP, SLIDE, STEP, TOUCH, ROCK, ¼ TURN, HOLD

25-28 Step back left (45 degrees to left), slide right foot together, step back left, touch right next to left
29-30 Rock back on right, regain on left
31 Step forward right, pivot ¼ turn left, placing weight on left foot
32 Hold

REPEAT
