

For Always (L/P)

COPPERKNOB
STEPSHETS

拍數: 28 牆數: 4 級數: Improver line/partner dance
編舞者: Sue Halliday (USA)
音樂: Forever and for Always - Shania Twain



Position: Tandem or Indian Position. When doing in Tandem Position, couples must be very close as you're dancing as one. Right arm around lady's waist

RIGHT AND LEFT SIDE MAMBO STEPS, BACK SHUFFLES

1&2 Rock right foot to side, step left foot in place, step right foot next to left
3&4 Rock left foot to side, step right foot in place, step left foot next to right
5&6 Shuffle back right-left-right turning body slightly to the right
7&8 Shuffle back left-right-left turning body slightly to the left

¼ TURN, MAMBO STEPS, MAN: WALK, TOUCH, LADY: ½ TURN, MAMBO STEPS

9& Turning ¼ to the right rock right foot forward, step left foot in place
10 Step right foot next to left

Couples hands are now in Reverse Sweetheart Position

11&12 Rock left foot back, step right foot in place, step left foot next to right left hands will go over lady's head. Do not release hands

13-14 **MAN:** Walk right foot forward, touch left foot next to right
LADY: Step right foot diagonally forward turn ½ to the right, step left foot next to right

Couples are now in double cross hand position. Brace arms approximately shoulder height for connection. Man is facing 3:00, lady is facing 9:00 opposite each other

15&16 **MAN:** Rock left foot forward, step right foot in place, step left foot next to right
LADY: Rock right foot back, step left foot in place, step right foot next to left
17&18 **MAN:** Rock right foot back, step left foot in place, step right foot next to left
LADY: Rock left foot forward, step right foot in place, step left foot next to right

CROSS SHUFFLES AND SIDE SHUFFLES

Couples will turn ¼ of a circle on these next steps

19&20 **MAN:** Step left foot to left, step right foot next to left, step left foot to left
LADY: Cross right foot over left, step left foot to left, cross right foot over left
21&22 **MAN:** Cross right foot over left, step left foot to left, cross right foot over left
LADY: Step left foot to left, step right foot next to left, step left foot to left man is facing 6:00, lady is facing 12:00

MAN: BACK, TOUCH, LADY: ½ TURN, BACK AND FORWARD MAMBO STEPS

23-24 **MAN:** Step left foot back, touch right foot next to right
LADY: Step right foot forward turn ½ to the left, step left foot next to left couples are now back in Tandem or Indian Position

25&26 Rock right foot back, step left foot in place, step right foot next to left
27&28 Rock left foot forward, step right foot in place, step left foot next to right

REPEAT