

Footsteps

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Dawn Dennell (UK)
音樂: Just Call Me Lonesome - Radney Foster



TOE TAPS, KICK BALL CROSS, ROCK STEP

- 1-2 Tap right toe forward, step right foot beside left foot
- 3-4 Tap left toe forward, step left foot beside right foot
- 5&6 Kick right foot to right diagonal, step right foot beside left foot, cross left foot over right foot
- 7-8 Rock right foot to right side, return weight to left foot

CROSSING SHUFFLE, STEP TURN ½ CROSSING SHUFFLE ROCK STEP

- 1&2 Cross right foot over left, small step to left with left foot, cross right foot over left
- 3-4 Step left foot to left side, pivot ½ turn over right shoulder stepping down onto right foot
- 5&6 Cross left foot over right, small step to right on right foot, cross left foot over right
- 7-8 Rock right foot to right side, return the weight to left foot

CROSS, CLAP, KICK BALL CROSS ¼ TURN LEFT SHUFFLE FORWARD LEFT-RIGHT-LEFT, FULL TURN

- 1-2 Cross right foot over left foot, clap
- 3&4 Kick left foot to left diagonal, step left foot beside right foot, cross right foot over left
- &5&6 ¼ turn to left, shuffle forward left-right-left
- 7-8 Step forward on right foot, spin full turn left on right keeping weight on right

If you do not want to do this full spin then just step forward on the right foot, hold for 1 count

SHUFFLE FORWARD LEFT-RIGHT-LEFT, ROCK STEP, ROLLING 1½ TURN

- 1&2 Shuffle forward left-right-left
- 3-4 Rock forward onto right foot, return weight to left foot
- 5-6 ½ turn right stepping forward onto right foot, ½ turn right on right foot stepping back onto left foot
- 7-8 ½ turn right on left foot stepping forward onto right foot, step left foot beside right foot

REPEAT
