

Foolish Days

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Bill Lancaster (AUS)
音樂: Neck Of The Woods - The Kentucky Headhunters



BACK TOE STRUTS

- 1-2 (Swing right leg out) step right toe back behind left; slap right heel to floor
- 3-4 (Swing left leg out) step left toe back behind right; slap left heel to floor
- 5-6 (Swing right leg out) step right toe back behind left); slap right heel to floor
- 7-8 (Swing left leg out) step left toe back behind right; slap left heel to floor

COASTER STEP, ¼ TURN, HIPS

- 1&2 Right step back; left step beside right; right step forward
- &3 Scuff left turning ¼ turn to the right; left rock step to left side
- &4 Right step to right side: left cross in front of right

VINE, ¼ TURN, HITCH, LOCKSTEP & HITCH

- &1-2 Scuff right; right step to right side; left step behind right
- 3 Right step to right side turning ¼ turn to the left on right,
- 4 Hitch left knee with a small hop on right in place
- 5-6 Left step forward; lock right behind left
- 7-8 Left step forward: right scuff beside left into right knee hitch (hitch ¼ turn to body)

STEP, SIDE TOE POINTS

- 1-2 Right step forward; point left to left side
- 3-4 Left step forward in front right; point right to right side
- 5-6 Right step forward; point left to left side
- 7-8 Left step forward in front right; tap right beside left

KICK BALL CHANGE, PIVOT, HIPS, STEP & POINT

- 1 Right kick forward
- &2 Bring back and transfer weight to right then quickly to left lifting right
- 3-4 Step right forward; pivot turn ½ turn to the left; (transferring weight to left)
- 5 Step right forward turning ¼ turn to the left pushing hips to right
- 6 Left step left side
- 7-8 Step right behind left; point left to left side

EXTENDED VINE

- 1-2 Step left in front of right; step right to right side
- 3-4 Step left behind right; step right to right side
- 5-6 Step left in front of right; step right to right side
- 7-8 Step left behind right; tap right beside left; (weight is on left)

MONTEREY TURNS

- 1-2 Right touch to right side; turn ¼ turn to the right step right beside left
- 3-4 Left touch to left side; step left beside right
- 5-6 Right touch to right side; turn ¼ turn to the right step right beside left
- 7-8 Left touch to left side; step left beside right; (weight is on left)

STEP HITCHES & TURN

- 1-2 Right step to right side; hop on right foot turning $\frac{1}{2}$ turn to the right while hitching left knee and slapping knee with left hand
- 3-4 Left step to left side; hop on left foot turning $\frac{1}{2}$ turn to the right while hitching right knee and slapping knee with right hand
- 5-6 Right step to right side; hop on right foot turning $\frac{1}{2}$ turn to the right while hitching left knee and slapping knee with left hand
- 7-8 Left step to left side; hop on left foot turning $\frac{1}{2}$ turn to the right while hitching right knee and slapping knee with right hand

RIGHT LOCK STEP

- 1-2 Step right forward; lock left behind right
- 3-4 Step right forward; step left beside right (transferring weight to left immediately)

REPEAT
