

Fool No More

COPPER KNOB
BY SHEILA PALMER

拍數: 48 牆數: 2 級數: Intermediate/Advanced waltz
編舞者: Andrew Palmer (UK), Simon Cox (UK) & Sheila Palmer (UK)
音樂: Fool No More - Charlotte Church



LEFT TWINKLE, RIGHT TWINKLE ½ RIGHT

1-2-3 Cross left over right, step right to side, step left in place beside right
4-5-6 Cross right over left, quarter turn right (3:00) step back on left, quarter turn right (6:00), step right to side

LEFT CROSS, SWEEP RIGHT (FOR 2 COUNTS), RIGHT CROSS, ¼ RIGHT STEP BACK LEFT, STEP BACK RIGHT

1-2-3 Cross left over right, sweep the right to the side and then forward (over 2 counts)
4-5-6 Cross right over left, quarter turn right (9:00) step back on left, step back on right

STEP BACK LEFT, DRAG RIGHT, STEP FORWARD RIGHT, DRAG LEFT

1-2-3 Step back on left, drag the right toe (over 2 counts) to finish in place beside left
4-5-6 Step forward on right, drag the left toe (over 2 counts) to finish in place beside right

STEP FORWARD LEFT, STEP FORWARD RIGHT, PIVOT ½ LEFT, STEP FORWARD RIGHT, ¼ RIGHT HITCH LEFT, HOLD

1-2-3 Small step forward on left, step forward on right, pivot half turn left (3:00)
4-5-6 Step forward on right, quarter turn right (6:00) hitch left (for 2 counts)

Restart here during wall 5 - facing 6:00

STEP SIDE LEFT (BIG STEP), DRAG RIGHT (OVER 2 COUNTS), ROLLING VINE RIGHT

1-2-3 Step left (large step) to side, drag the right toe (over 2 counts) to finish in place beside left
4-5-6 Quarter turn right (9:00) step forward on right, half turn right (3:00) step back on left, quarter turn right (6:00) step right to side

Restart here during wall 3 - facing 6:00

LEFT PRESS (FOR 3 COUNTS), RECOVER, STEP SIDE LEFT, RIGHT CROSS

1-2-3 Cross left over right (pressing down on left while lifting the right heel), hold for 2 counts
4-5-6 Rock the weight back on to right, step left to side, cross right over left

UNWIND FULL TURN LEFT (OVER 2 COUNTS), SWEEP LEFT, STEP LEFT BEHIND, STEP SIDE RIGHT, LEFT CROSS

1-2-3 Unwind a full turn to the left (over 2 counts), sweep the left to side
4-5-6 Step left behind right, step right to side, cross left over right

STEP SIDE RIGHT (SWAY FOR 3 COUNTS), STEP SIDE LEFT (SWAY FOR 2 COUNTS), RIGHT BALL-STEP

1-2-3 Step right to side, swaying hip and slight drag of the left toe (over 2 counts)
4-5-6 Step left to side, swaying hip and slight drag of the right toe (for 1 count), step right in place beside left

REPEAT

TAG

At end of wall 7 - facing 6:00

LEFT TWINKLE, RIGHT TWINKLE

1-2-3 Cross left over right, step right to side, step left in place beside right
4-5-6 Cross right over left, step left to side, step right in place beside left

RESTART

On wall 3, restart after count 30

On wall 5, restart after count 24
