

# Get It On (Bang A Gong)

**COPPER** KNOB  
BY STEPSHEETS

拍數: 44      牆數: 4      級數: Intermediate  
編舞者: Chris Hodgson (UK)  
音樂: Bang A Gong - Carey Zeigler



## CROSS-SIDE-TAP TWICE, & CROSS-HOLD, & CROSS-UNWIND ½ LEFT

1-2      Cross left over right, step right to right side (left is out to left side)  
&3&4      Lift left heel up, drop heel down, lift left heel up, drop heel down (keep weight on right)  
&5-6      Step left next to right, cross step right over left, hold for 1 count  
&7-8      Small step left to left side, cross step right over left, unwind ½ turn left (weight on left)

## HIP BUMPS (UP & DOWN) (WITH ATTITUDE!!)

1&2&      Step forward on right bumping hips up, bump hips center, bump hips down, bump hips center (weight on right)  
3&4      Bump hips up, bump hips center, bump hips down (weight on right)  
5&6&      Step forward on left bumping hips up, bump hips center, bump hips down, bump hips center (weight on left)  
7&8      Bump hips up, bump hips center, bump hips down (weight on left)

## HEEL SWIVELS BACK X4, OUT-OUT-HOLD W CLAP, HEEL LIFT TWICE

&1      Swivel both heels out, swivel both heels in stepping right behind left  
&2      Swivel both heels out, swivel both heels in stepping left behind right  
&3&4      Repeat above counts &1&2  
&5-6      Small step out with right, small step out with left, hold clapping hands  
&7&8      Lift up right heel, drop heel down, lift up left heel, drop heel down

## BRUSH-HITCH-STEP, STEP-HEEL SWIVELS, COASTER STEP, STEP-½ TURN

1&2      Brush right foot forward, hitch right knee, step forward on right  
3&4      Step left forward, swivel both heels to left, swivel both heels to center (keep weight on right)  
5&6      Step back on left, step right next to left, step forward on left  
7-8      Step forward on right, pivot ½ turn left

## ROCK STEP, TRIPLE ½ TURN RIGHT, ROCK STEP, TRIPLE ¾ TURN LEFT

1-2      Step forward on right, rock weight back onto left  
3&4      Triple ½ turn right stepping on right-left-right  
5-6      Step forward on left, rock weight back onto right  
7&8      Triple ¾ turn left stepping on left-right-left

## CROSS-BACK, CHASSE RIGHT

1-2      Cross right over left, step back on left  
3&4      Step right to right side, step left next to right, step right to right side

**REPEAT**

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