

# Get Hot!

拍數: 40      牆數: 4      級數:  
編舞者: Scott Blevins (USA) & Deborah Blevins (USA)  
音樂: Get Hot or Go Home - Rick Tippe



Start dance after the first 16 beats of instrumentals, approximately 3 beats before the vocals.

## STEP, SLIDE, STEP, TOUCH, STEP, SLIDE, STEP, TOUCH-ALL WITH BODY ROLLS

- 1-2            Step right foot to right side-slide left foot next to right
- 3-4            Step right foot to right side-slide left foot next to right, touching left next to right
- 5-6            Step left foot to left side-slide right foot next to left
- 7-8            Step left foot to left side-slide right foot next to left, touching right next to left

You can do body rolls as you do above steps if you wish.

## RIGHT KICK BALL CHANGE, RIGHT LEFT KNEE POPS

- 1&2            Kick right foot forward-& step on ball of right foot, lifting left foot slightly off floor-replace left foot on floor changing weight to left foot
- 3-4            Pop right knee forward (push out)-pop left knee forward (push out) while straightening right knee

## ROCK FORWARD, ROCK BACK, ROCK BACK, ROCK FORWARD

- 5-6            Rock step forward with right foot-rock back onto left foot
- 7-8            Rock step backward with right foot-rock forward onto left foot

## RIGHT SHUFFLE, STEP, TURN, STEP, KICK, TOUCH, TOGETHER, TOUCH

- 1&2            Right shuffle forward (right, left, right)
- 3-4            Step forward on left foot -½ pivot turn right on balls of your feet
- 5-6            Step forward on left foot-kick right foot forward
- 7&8            Touch right toes out to right side-& step right foot beside left-touch left toes to left side

## STEP TOGETHER, 2 RIGHT HEEL TAPS, TOE BACK, TURN

- &1-2           Step left foot beside right-tap right heel forward twice
- 3-4            Touch right toe back-reverse pivot ½ turn to right, keeping weight on left foot

## BODY ROLL, STEP BUMP, BUMP

- 5-6            2 count forward body roll
- 7-8            Step right foot to right side while bumping hips to right-bump hips to right again

## 1 ¼ ROLLING VINE LEFT, TOUCH, HEEL, TOGETHER, HEEL, TOGETHER, HEEL, HEEL

- 1-4            Step left, right, left: while making a 1 ¼ turn to the left to left-touch right toes beside left foot
- 5&6            Touch right heel forward-& step right foot beside left-touch left heel forward
- &7-8           Step left foot beside right-touch right heel forward twice

REPEAT