

Get Here

拍數: 32 牆數: 4 級數: Improver
編舞者: Robbie McGowan Hickie (UK)
音樂: Get Here - Vanessa Amorosi



CHASSE RIGHT, BACK ROCK, KICK-BALL-CROSS, CHASSE LEFT

1&2 Step right to right side, close left beside right, step right to right side
3-4 Rock back left behind right, rock forward on right
5&6 Kick left diagonally forward left, step ball of left beside right, cross right over left
7&8 Step left to left side, close right beside left, step left to left side

BACK ROCK, RIGHT SHUFFLE HALF TURN LEFT, STEP BACK, SLIDE, SIDE ROCK & STEP FORWARD

1-2 Rock back on right, rock forward on left
3&4 Right shuffle forward turning half turn left stepping, right, left, right, (facing 6:00)
5-6 Long step back on left, slide right towards left instep, (weight on left)
7&8 Rock right to right side, rock left in place, step forward on right

LEFT SHUFFLE FORWARD, STEP, PIVOT QUARTER TURN LEFT, HIP BUMPS & STEP FORWARD (RIGHT & LEFT)

1&2 Left shuffle forward stepping, left, right, left
3-4 Step forward on right, pivot quarter turn left, (weight on left) (facing 3:00)
5&6 Touch right toe forward bumping hips forward, bump hips back, step forward on right
7&8 Touch left toe forward bumping hips forward, bump hips back, step forward on left

FORWARD ROCK, RIGHT SHUFFLE HALF TURN RIGHT, FORWARD ROCK, BEHIND, SIDE, CROSS

1-2 Rock forward on right, rock back on left
3&4 Right shuffle back turning half turn right stepping, right, left, right
5-6 Rock forward on left, rock back on right
7&8 Cross left behind right, step right to right side, cross left over right, (facing 9:00)

REPEAT
