

Get Drunk And Be Somebody

COPPER KNOB
BY STEPHEN METZ

拍數: 0

牆數: 2

級數: Intermediate/Advanced mixed
rhythm



編舞者: Carol Mckee (AUS)

音樂: Get Drunk and Be Somebody - Toby Keith

Sequence: AA, Tag, AA, BB, Tag, AA

PART A (SWING)

SIDE SHUFFLE, BACK, ROCK FORWARD, SHUFFLE FORWARD, PIVOT TURN

- 1&2-3-4 Side shuffle: right-left-right to right side, step back onto left, rock forward onto right
5&6-7-8 Shuffle forward: left-right-left, pivot turn: step right forward, turn ½ turn left and take weight onto left

SHUFFLE FORWARD, ½ TURN, ½ TURN, PIVOT TURN, SHUFFLE FORWARD

- 1&2-3-4 Shuffle forward: right-left-right, turning ½ turn right step back left, turning ½ turn right step right forward
5-6-7&8 Pivot turn: step left forward, turning ½ turn right take weight onto right, shuffle forward: left-right-left

½ TURN, ½ TURN, SHUFFLE FORWARD, FORWARD, ROCK BACK, COASTER STEP

- 1-2 Turning ½ turn left step back onto right, turning ½ turn left step left forward
3&4 Shuffle forward: right-left-right
5-6-7&8 Step left forward, rock back onto right, coaster step: left-right-left

KICK, BALL, ACROSS, SIDE, ROCK, SAILOR STEP, PIVOT TURN

- 1&2 Kick right 45 degrees right, step onto ball of right next to left, step left across in front of right
3-4-5&6 Step right to right side, rock onto left, sailor step: right-left-right
7-8 Pivot turn: step left forward, turn ½ turn right take weight onto right

FORWARD, ROCK BACK, COASTER STEP, FORWARD, ROCK BACK, ½ TURN

- 1-2-3&4 Step left forward, rock back onto right, coaster step: left-right-left
5-6-7&8 Step right forward, rock back onto left, turning ½ turn right shuffle forward: right-left-right

PIVOT TURN, SHUFFLE FORWARD, SIDE, ROCK, BEHIND, ROCK

- 1-2 Pivot turn: step left forward, turn ½ turn right take weight onto right
3&4 Shuffle forward: left-right-left
5-6-7-8 Step right to right side, rock onto left, step right behind left, rock onto left

TAG

- 1-4 Repeat counts 45-48

PART B (WALTZ)

This is the drunken section, so use a little attitude and have fun

SIDE, SLOW SWING, BEHIND, SIDE, ACROSS

- 1-2-3 Step right to right side, swing left to left side and around behind right (2 counts)
4-5-6 Step left behind right, step right to right side, step left across in front of right

SIDE, SLOW SWING, BEHIND, SIDE, ACROSS

- 1-2-3 Step right to right side, swing left to left side and around behind right (2 counts)
4-5-6 Step left behind right, step right to right side, step left across in front of right

SIDE, SLOW SWING, BEHIND, SIDE, ACROSS

- 1-2-3 Step right to right side, swing left to left side and around behind right (2 counts)
4-5-6 Step left behind right, step right to right side, step left across in front of right

SIDE, ROCK, BEHIND, SIDE, ACROSS, SIDE

- 1-2-3 Step right to right side, rock onto left, step right behind left
4-5-6 Step left to left side, step right across in front of left, step left to left side

- 1-24 Repeat Part B waltz 1-24. Slow down in time to music on counts 19-24, followed by a 5 count tag:

SIDE, ROCK, ACROSS, BACK, TOUCH

- 1-2-3 Step right to right side, rock onto left, step right across in front of left
4-5 Step back onto left, touch right next to left
5 Start Part A again
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