

Get Connected

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Anne Hewitt (UK)
音樂: We Are Family - Sister Sledge



RIGHT VINE KICK, LEFT VINE TOUCH

1-2 Step right to right side, cross left behind
3-4 Step right to right side, kick left foot t across right
5-6 Step left to left side, cross right behind
7-8 Step left to left side, touch right next to left

RIGHT KICK BALL CHANGE STEP DRAG, LEFT KICK BALL CHANGE STEP DRAG

1&2 Kick right forward, step right beside left, step left in place
3-4 Step right to right side, drag left next to right (weight kept on right)
5&6 Kick left forward, step left beside right, step right in place
7-8 Step left to left side, drag right next to left (weight kept on left)

Optional: you can place hands, arms stretched on each others shoulders during the first 16 counts when using the sister sledge track

BACK TOE STRUTS TWICE, ROCK RECOVER, CROSS TOUCH

1-2 Touch right toe back, drop heel
3-4 Touch left toe back, drop heel
5-6 Rock back on to right, replace weight on to left
7-8 Cross step right over left, touch left to left side

CROSS STEP & STEP CROSS, DIP ½ UP UNWIND HIP BUMPS

1-2 Cross step left over right, step right to right side
&3-4 Step left next to right, step right to right side, cross step left across right
5-6 Bend knees and dip with legs crossed, unwind ½ right and straighten legs (weight on left (as you finish the unwind))
7&8 Bump hips left, right, left

REPEAT

TAG

To phrase the dance correctly when danced to Eddy Raven's "In A Letter To You", use the following repeat and tag:

End of Wall 3 (When instrumental starts) repeat the first 16 counts only and continue with dance

End of Wall 6 add this tag:

1-2 Step right to right side and touch left next to right
3-4 Step left to left side and touch right next to left