

# Get A Life

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Carl Sullivan (AUS)  
音樂: Gonna Get a Life - Mark Chesnutt



- 1-2            Facing left diagonal - step left forward on left diagonal, touch right beside left  
&3-4         Rock-step right back on diagonal, replace on left, touch right beside left (ball-change-touch)  
5-6            Facing right diagonal -- turn right to face right diagonal stepping right forward, scuff left beside right  
7-8            Step left forward on right diagonal, scuff right beside left
- 1-2            Step right forward on right diagonal, touch left beside right  
&3-4         Rock-step left back on diagonal, replace on right, touch left beside right (ball-change-touch)  
5-6            Facing left diagonal - step left forward on left diagonal, scuff right beside left  
7-8            Step right forward on left diagonal starting a full turn left, complete the full turn
- 1-2            Rock-step left forward on left diagonal, replace on right  
3              Straighten up to 9:00 wall - step left to left side & slightly back  
4-5&6        Cross-step right over left, side shuffle left-right-left to left side  
7-8            Rock-step right back, replace on left
- 1-2-3         Step right forward, pivot ½ turn left onto left, turn ½ left stepping right back  
4-5&6        Step left back, right coaster step (right, left, right)  
7-8            Step left forward turning ¼ right, slide right beside left (weight onto right)
- Restart on wall 5**
- 1-2            Step left forward, scuff right beside left to raise right leg  
3-4            Turn ½ left on left while flicking right back, scuff right beside left  
5-6            Step right forward, scuff left beside right to raise left leg  
7-8            Turn ½ right on right while flicking left back, scuff left beside right
- 1-2            Step left forward, touch right beside left  
&3-4         Step right back, touch left heel forward, step down on left  
5-6            Step right forward, pivot ¼ turn left onto left  
7&8            Right sailor step (right, left, right)
- 1-2            Cross-step left behind right, step right to right side turning ¼ right  
3-4            Turn ¼ right stepping left to left side, touch right beside left with clap  
5-6            Step right to right side, touch left beside right with clap  
7-8            Step left to left side, touch right beside left with clap
- 1-2&         Turn ¼ right stepping right forward, scuff left beside right  
3-4            Step left forward turning a full turn right, scuff right beside left  
5-8            Walk forward right, left, right, touch left beside right

## REPEAT

## TAG

On walls 1 & 3, dance to count 60 then

- 5-9            Walk forward right, left, right, left, right  
10-12         Hold for 3 counts

Then restart

**RESTART**

On wall 5 after count #32 restart on 12:00 wall

**TAG**

On wall 7 the music stops. Keep dancing to count &58 then do these 2 counts

1-2                    Step left forward, step right beside left

Then restart on 12:00 wall

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