

# Get A Grip

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Sharon Davis (USA)  
音樂: Come On Over - Shania Twain



Placed 9th in Country Choreography at 2001 Dance Team Showdown, Ft. Wayne, Indiana

## ROCK FORWARD-ROCK BACK RIGHT- FUN STEPS

1-2              Rock forward on right-rock back on left  
3-4              Rock back on right-rock forward on left  
5-6-7-8        Fun steps: make up your own steps for these counts 5-6-7-hold

**Example: Boogie Cross Steps (cross right over left, cross left over right, cross right over left, hold)**

**Example: Stomps right-left-right-hold**

## ROCK FORWARD-ROCK BACK LEFT-FUN STEPS

9-10             Rock forward on left-rock back on right  
11-12            Rock back on left-rock forward on right  
13-14-15-16    Fun steps: make up your own steps for these counts 13-14-15-hold

**Example: Boogie Cross Steps (cross left over right, cross right over left, cross left over right, hold)**

**Example: Stomps left-right-left-hold**

## CHARLESTON STEPS

17-18            Step forward on right-kick left forward  
19-20            Step back on left-touch right toe back  
21-22            Step forward on right-kick left forward  
23-24            Step back on left-touch right toe back

## VINE RIGHT

25-26-27-28    Step right to side-step left behind right-step right to side-touch left beside right

## VINE LEFT WITH ¼ TURN LEFT-HOLD

29-30-31-32    Step left to side-step right behind left-step left to side making ¼ turn left-hold(this can also be a 1 ¼ turning vine with a hold)

## REPEAT

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