

# Genie In A Bottle

**COPPERKNOB**  
BY STEPHEN HETS

拍數: 32                      牆數: 4                      級數: Intermediate  
編舞者: Lisa Rodriguez (UK)  
音樂: Genie In a Bottle - Christina Aguilera



## CROSS POINTS WITH SHOULDER SHIMMIES

As you do the following 8 steps shimmy shoulders with arms out to sides, with insides of arms facing forward and fists clenched

- &1-2                      Step small step back on left, cross right over left, point left to left side
- 3-4                      Cross left over right, point right to right side
- 5-6                      Cross right over left, point left to left side
- 7-8                      Cross left over right, point right to right side

## CROSS, UNWIND FULL TURN LEFT, SAILOR STEP, DIAGONAL POINTS

- 9-10                      Cross right over left, unwind full turn left
- 11&12                      Cross left behind right, step right to right side, step left to place
- 13&                      Point right toe to front right diagonal, hitch right knee across left knee
- 14&                      Point right toe to back right diagonal, hitch right knee across left knee
- 15&                      Repeat count 13&
- 16&                      Repeat count 14&

## RUNNING MAN, CLAP, ARM MOVEMENTS, STEP IN, ARM MOVEMENTS

- 17                      Step right foot to front right diagonal with weight
- &                      Jump feet together hitching left knee
- 18                      Jump feet diagonally apart, left foot forward, right foot back
- &                      Jump feet together hitching right knee
- 19                      Jump feet diagonally apart, right foot forward, left foot back
- &                      Jump feet together hitching left knee
- 20                      Jump feet shoulder width apart
- 21                      Clap hands at shoulder level
- &                      With fists clenched cross right fist over left at chest level
- 22                      Spread arms out to both sides at waist level with palms facing down
- &                      Grind hips in a circular motion to left (to the left 12:00 to 9:00)
- 23                      Step ball of right next to left popping right knee across left knee
- &                      Wrap right arm across body with right palm touching left hip
- 24                      Wrap left arm over right arm with left palm touching right hip

## SIDE LUNGES, KICK & POINT, CROSS BEHIND & UNWIND ¾ TURN LEFT

- 25                      Lunge ball of right to right side uncross arms out to sides with elbows bent at waist level and fists clenched
- 26                      Step ball of right next to left (no weight) and criss-cross arms over waist with fists clenched
- 27                      Repeat count 25
- 28                      Repeat count 26
- 29&30                      Kick right foot forward, step right beside left, point left to left side
- 31-32                      Cross left behind right, unwind ¾ turn left

## REPEAT