

Gemma's Waltz (P)

COPPERKNOB
BY STEPHEN METZ

拍數: 42 牆數: 0 級數: Partner
編舞者: Jean Miles (UK) & John Miles (UK)
音樂: Slow To Medium Waltz Time



Position: Closed Western Position. Man faces LOD. Lady faces RLOD. Both partners will be on opposite feet throughout the dance

Choreographed with the help of our granddaughter Gemma

1-6 Basic 1-2-3 4-5-6
Emphasis on 1 and 4 (long steps)

LADY'S TURN ON 1-2-3 4-5-6

1-6 **MAN:** Keep basic pattern
Drop right hand and turn lady
LADY: Turn to the right a double turn

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OUTSIDE WAVE - INSIDE WAVE (OUT 2-3 / IN 5-6)

1 Drop right hand, leading lady into a wave by bringing adjoining hands between you and your partner
2-3 With same foot as count 1, both step to the OLOD (man step right / lady left), pivot to face ILOD
Drop adjoining hands rejoin opposite hands
4-6 Both step to ILOD (man step to left / lady to right). Again bring hands through for styling.
Pivot on 5-6 to face OLOD
Drop adjoining hand and rejoin opposite hands

OUTSIDE WAVE & LADIES TURN

1-3 Both step to OLOD (man step to right / lady to left), pivot to face ILOD
4-6 Man turn lady and join both hands in front of lady, lady turns to right, a full turn, to face partner and join hands in front

EXTEND AND WRAP

1-3 **MAN:** Step in place on 1-2-3 extending arms in front
LADY: Step back extending arms and in place twice
4-6 **MAN:** Step in place on 4-5-6 to wrap lady (lift left hand over lady's head as she wraps herself into your arms. Her back will be resting on your right arm.)
LADY: Step forward making a half turn to left to wrap into man's arms

WHEEL AROUND, LADY'S DOUBLE TURN

1-3 **MAN:** Wheel the lady around by dancing on the spot and turning the lady by pushing her gently with your right arm on a full turn forward from LOD back to face LOD
4-6 **MAN:** Dance forward lifting left hand to turn lady out
LADY: Turn on 4-5-6 back to face her partner

REPEAT