

Gatecrashed

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Karen Glover (UK)
音樂: Uninvited Memories - Redfern & Crookes



HEEL & TOE SWITCHES

1&2 Point right toe to right side & switch to point left toe to left side
&3 Making ¼ turn left switch to touch right heel forward
&4 Switch & point left toe back
&5 Switch and point right toe out to right side
&6 Switch & point left toe out to left side
&7 Switch & point right toe back
&8 Switch & touch left heel forward

HEEL & CROSS, WEAVE & TOUCH

&9 Step left foot to right and touch right heel forward
&10 Step right foot beside left and cross left over right
11-12 Step right to right side, step left behind right
13-14 Step right foot to right side, step left in front of right
15-16 Step right foot to right side, touch left foot beside right (no weight on left)

KICK BALL CROSS, SAILOR STEP WITH ¼ TURN LEFT

17 Kick left forward
&18 Step left in place and cross right over left
19 Kick left forward
&20 Step left in place and cross right over left
21-22 Rock left to left side and recover on right
23 Step left behind right
&24 Step right in place, step left in place making ¼ turn left

HIP BUMPS, CROSS UNWIND, BACK SHUFFLE WITH ½ TURN LEFT

25 Step right foot forward and push right hip forward
26 Step right beside left taking weight
27 Step left foot forward and push left hip forward
28 Step left beside right taking weight
29-30 Cross right over left, unwind ½ over left shoulder
31 Step left foot back making ¼ turn left
&32 Step right foot back making ¼ turn left, step left foot back

REPEAT
