

Gardena Gallop

拍數: 108 牆數: 0 級數:
編舞者: Carol R. Miller (USA)
音樂: Unknown



- 1-2 Touch right to side, step right in front of left.
3-4 Touch left to side, step left in front of right.
5-8 Repeat steps 1-4.
- 9-10 Cross right over left, step left back.
11-12 Step right to side, step left next to right.
13-16 Repeat steps 9-12.
17-18 Point right toe back 45 degrees, step right next to left.
19-20 Point left heel forward 45 degrees, bring left next to right.
21-24 Repeat steps 17-20.
25-28 Right kick ball change twice.
- 29-32 Kick right forward, cross right over left, turn ½ to left, heels down.
33-48 Repeat steps 17-32.
49-52 Step right to side, step left behind right, repeat.
53-56 Step right to side, stomp left next to right, kick left forward twice.
57-60 Step left to side, step right behind left, repeat.
- 61-64 Step left to side, stomp right next to left, kick right forward twice.
65-68 Step back right, touch left toe back, step forward left, turn ½ to left (still keeping right in air).
69-72 Repeat steps 65-68.
73-80 Shuffle back right-left-right, left-right-left, right-left-right, left-right-left.
81-82 Touch right heel forward, hook right heel in front of left.
83-84 Touch right heel forward, step right next to left.
- 85-86 Touch left heel forward, hook left heel in front of right.
87-88 Touch left heel forward, step back left.
89-90 Step forward left, kick right forward & clap.
91-92 Step back right, touch left toe back.
93-96 Repeat steps 89-92.
97-100 Step forward left, drag right knee behind left, repeat.
101-102 Step forward left, kick right forward.
- 103-104 Cross right over left, turn ½ to left on balls of feet.
105-108 Twist heels to right, center, left, center.

REPEAT
