

The Gandy Dancer (P)

COPPER KNOB
STEPPERS

拍數: 64 牆數: 0 級數: Partner
編舞者: Ron Kline (USA)
音樂: Locomotion - Scooter Lee



Position: facing the center of the dance floor (9:00). Please note that 12:00 is down the line of dance (LOD). For couples, start with Man in front of lady with hands joined out to sides, lady facing same way (tandem position)

VINE DOWN LOD INTO ½ TURN WITH HITCH

1-4 Step right foot to right side, cross step left foot behind right foot
3-4 Step right foot to right side turning ¼ to right with the step, pivot ¼ to the right on ball of right foot. At the same time, hitch left knee

Couples: Maintain hand position through count 2, release left hands and raise right hands, on count 3 right hands will go over lady's head, lower right hands slightly and rejoining left hands into sweetheart position on count 4

VINE DOWN LOD WITH ¼ TURN, TOUCH

5-6 Step left foot to left side, cross step right foot behind left foot
7-8 Step left foot to left side turning ¼ to left with the step (facing down LOD), touch right toe next to left foot

SYNCOPATED JUMP FORWARD WITH HOLDS

&9 Hop forward on right foot, step left foot next to right foot
10-12 Hold for 3 counts shaking hips, shoulders or whatever (weight to left foot)

SYNCOPATED JUMP BACK WITH HOLDS

&13 Hop back on right foot, step left foot next to right foot
14-16 Hold for 3 counts shaking hips, shoulders or whatever (weight to right foot)

Couples: May want to bump inside hips on counts 10-12 and 14-16

HALF PIVOTS, WALK FORWARD, KICK, KICK

17-20 Step left forward, pivot ½ to right, repeat
21-24 Walk/stomp forward (left-right), kick left foot forward twice

Couples: Release left hands and raise right hands on count 17, lower right hands and rejoin left hands on count 20, back into sweetheart position

SHUFFLES FORWARD DOWN LOD

25&26 Shuffle forward (left-right-left)
27&28 Shuffle forward (right-left-right)
29&30 Shuffle forward (left-right-left)
31&32 Shuffle forward (right-left-right)

STEP PIVOTS, SHUFFLES

33-34 Step left foot forward, pivot ½ to right
35&36 Shuffle forward (left-right-left)
37-38 Step right foot forward, pivot ½ to left
39&40 Shuffle forward (right-left-right)

Couples: Maintain hand hold and simply turn around, man will be on lady's right and then back on the left again

¼ TURNS INTO FULL TURNS, SHUFFLES TRAVELING FORWARD (12:00)

- 41-42 Begin full turn (12:00) stepping forward on left foot into ¼ turn to right sweeping right foot behind, spinning on ball of left foot complete full turn stepping forward on right foot
- 43&44 Shuffle forward (left-right-left)
- 45-46 Begin full turn (12:00) stepping forward on right foot into ¼ turn to left sweeping left foot behind, spinning on ball of right foot complete full turn stepping forward on left foot
- 47&48 Shuffle forward (right-left-right)

Couples On first turn, release left hand hold, raise right hand as lady turns and man simply walks forward (left-right). Rejoin hands for shuffle. On second turn, release right hand hold, raise left hands as man turns and lady simply walks forward (right-left). Rejoin hands for shuffle

¼ PIVOT WITH HIP SWINGS, WEAVE TO RIGHT SIDE UP LINE OF DANCE

- &49-52 Pivot ¼ right on ball of right foot, step left foot to left side (facing outside of dance floor). At the same time swing hips and weight to the left, keeping feet in position swing hips and weight (right-left-right)
- 53-56 (moving up LOD) cross step left foot over right foot, step right foot to right side, cross step left foot behind right foot, step right foot to right side

VINE DOWN LOD WITH SHUFFLE WITH ¼ TURN, 1/8 TURN WITH HIP SWINGS

- 57-58 Step left foot to left side, cross step right foot behind left foot
- 59&60 Step left foot to left side, step right foot next to left foot, step left foot to left side turning ¼ to left with the step facing down LOD
- &61-64 Pivot 1/8 left on ball of left foot, step right foot to right side (facing 10:00) at the same time swing hips and weight to the right, keeping feet in place swing hips and weight (left-right-left)

Couples: Release left hands on count 60 and at the same time raise right hands, maintain right hand hold and lower right hand out to right side. At the same time, man reaches back with left hand and lady places her left hand in his on count 61

- & Pivot 1/8 to the left on left foot to face inside of dance floor (9:00) and start dance pattern again.

REPEAT
