The Gamble

拍數: 32

級數: Improver

編舞者: Anne Hewitt (UK)

音樂: The Gambler - Kenny Rogers

WALK, WALK, HEEL & STEP, & STEP TOUCH, ¼ TURN SHUFFLE FORWARD

1-2-3&4 Walk right, left, dig right heel forward, step in place on ball of right foot, step left foot forward &5-6-7&8 Step forward on ball of right foot, step forward on left, point right to right side, pivot ¼ right on left foot as you shuffle forward, stepping right, left together, step right forward

Restart happens here after count 6

STEP 1/2 TURN, WALK WALK, SHUFFLE FORWARD, & STEP, STEP

- 1 2 3 4Step forward on left, pivot ¹/₂ turn right, walk left, right, (the walk)
- 5&6&7-8 Step forward left, step right together, step forward left, step forward on the ball of right foot, step forward left, step forward right (the run)

ROCK RECOVER, ¼ LEFT TURN SHUFFLE, CROSS SHUFFLE, ¼ RIGHT TURN STEP

- Rock forward on left, recover on right, turn 1/2 left stepping left to left side, right next to left, left 1-2-3&4 to left, side
- 5&6-7-8 Cross right over left, step left to left side, step right across left, turn 1/4 right stepping back on left, step right to right side

CROSS ROCK, SIDE ROCK, CROSS SHUFFLE, & POINT TOUCH & STEP IN PLACE

- 1-2-3-4 Rock left over right, recover on right, rock left to left side, recover on right
- 5&6&7-8 Cross left over right, step right to right side, cross step left across right, step right in place, point left out to left, touch left next to right
- & Step in place with left

REPEAT

TAG

End of wall 2 facing back

1-2 Touch right to right side, touch right next to left instep

RESTART

After wall 4 (facing front), start the 5th repetition. Do the first 6 counts to the point right to right side, then restart from beginning with walk, walk

ENDING

The dance will finish on the end of the track at count 7 with your left pointed out to the side facing 9:00. Optional: to end facing the front, go into a quick 1/4 turn right pointing left to left side and hold When dancing you will find that the walk steps and the run steps hit with these lyrics every time. "Know when to walk away. Know when to run" there is a great storyline to this track and is a great singalong. This music lifts and builds as the track progresses





牆數: 4