

Gallop'n Goose

拍數: 96 牆數: 0 級數:
編舞者: Kathy Stearns (USA)
音樂: Can't Help It - Scooter Lee



- 1 Step right foot to right side
& Step left foot to left side
2 Cross right foot over left
3 Step left foot to left side
& Step right foot to right side
4 Cross left foot over right
5 Step right foot to right side
6 Step left foot foot left side
7-8 Swing hips right, left
- 9-24 Repeater steps (see below)
- 25 Place right hand on right back pocket
26 Place deft hand on left back pocket
27 Place right hand on left front pocket
28 Place left hand on right front pocket
29-30 Bump hips hips forward twice
31 Rock back on right foot as you kick left foot forward
32 Step left foot forward
- 33-48 Repeater steps
- 49 Half hitch right leg
50 Pivot ¼ left on left foot as you kick right foot back
51 Step right foot forward and rock on it
& Rock back on left foot
52 Rock forward on right foot
53-55 Walk in a ¾ circle to the left-left, right, left
56 Hop bringing feet together and clap
- 57-72 Repeater step
- 73 Step right foot to the right at a 45 degree angle right
74 Step left foot to the left at a 45 degree angle left
75 Step right foot to the right at a 45 degree angle right
&76 Clap twice
77 Step left foot to the left at a 45 degree angle left
78 Step right foot to the right at a 45 degree angle right
79 Step left foot to the left at a 45 degree angle left
&80 Clap twice
- 81-96 Repeater step

REPEAT

REPEATER STEP DONE AT THE END EVERY 8 BEAT SEQUENCE

| | |
|-------|-----------------------------------|
| 1&2 | Shuffle right-right, left, right |
| 3 | Rock back on left foot |
| 4 | Rock forward on right foot |
| 5&6 | Shuffle forward-left, right, left |
| 7 | Step right foot forward |
| 8 | Turn $\frac{1}{2}$ left |
| 9&10 | Shuffle right-right, left, right |
| 11 | Rock back on left foot |
| 12 | Rock forward right foot |
| 13&14 | Shuffle forward-left, right, left |
| 15 | Step right foot forward |
| 16 | Turn $\frac{1}{4}$ left |
