Galactic Warriors

拍數: 56

級數: Intermediate

編舞者: Angie Shirley (UK)

音樂: Third Rock from the Sun - Joe Diffie

TOE TOUCHES, HOLDS, STEP, PIVOT, SHUFFLE

- 1-2&3-4 Rock forward onto right foot, rock back onto left foot, touch left toe out to left side, hold for one count
- &5-6-7&8 Step left foot next to right (&), step forward onto right foot, pivot ½ turn over left shoulder, shuffle forward, stepping right, left, right
- 9-16 Repeat above 8 counts starting on left foot

ROCK STEPS, TRIPLE ¾ TURN

- 17-18 Rock forward onto right foot, rock back onto left foot
- 19&20 Triple ³/₄ turn on the spot over right shoulder, stepping right, left, right

TOE TOUCHES, FORWARD STEPS, TOUCH

21-28 Touch left toe out to left side, step forward on left foot, touch right toe out to right side, step forward on right foot, touch left toe out to left side, step forward on left foot, touch right toe out to right side, touch right toe next to left foot

OUT, OUT, IN, IN, OUT, OUT, IN, IN

- &29&30 Step out to right and slightly back on right foot, step out to left and slightly back on left foot, step in and slightly back on right foot, step in and slightly back on left
- &31&32 Repeat steps &29&30

JUMP OUT, HOLD, JUMP IN, HOLD, UNWIND, HOLD, ELVIS LEGS

- 33-36 Jump both feet out, shoulder width apart, hold for one count, jump both feet in crossing right over left, hold for one count
- 37-40 Unwind ½ turn over left shoulder (weight ends on right), hold for one count, pop left knee in towards right leg, step left foot in place & pop right knee in towards left leg

VINE RIGHT, SCUFF, VINE LEFT, STOMP

- 41-44 Step right foot to right side, cross step left foot behind right, step right foot to right side, scuff left foot next to right
- 45-48 Step left foot to left side, cross step right foot behind left, step left foot to left side, stomp right foot next to left

PIGEON TOES MOVING RIGHT

- 49-52 Swivel both heels out, hold for one count, swivel left heel to right & at same time swivel right toes to right, hold for one count
- 53-56 Swivel left toes to right & at same time swivel right heel to right, swivel left heel to right & at same time swivel right toes to right, swivel left toes to right & at same time swivel right heel to right, swivel left heel to right & at same time swivel right toes to right

REPEAT

TAG

On 3rd and 6th repetition of dance omit pause on count 38, going straight into knee pops.





牆數:4