

Gaelic Storm

拍數: 64 牆數: 4 級數: Improver
編舞者: Gail Wilson (SCO)
音樂: The Farmer's Frolic - Gaelic Storm



SCUFF UP & BACK, BACK LOCK BACK TWICE

1&2 Right foot scuff up & step back on right
3&4 Left, foot step back lock right foot in front of left, step back on left
5-8 Repeat 1-4

FORWARD LOCKS

1& Step right forward lock left, behind right
2& Step right forward lock left, behind right
3& Step right forward lock left behind right
4 Step right forward
5-8 Repeat 1-4 leading with left foot

½ TURNS WITH CLAPS

1-2 Right foot step to right, at same time slap both hands on top of thighs, clap hands in front
3-4 On right foot pivot ½ turn right stepping left foot to left side at same time slap hands on top of thighs, clap hands in front
5-6 On left foot pivot ½ turn left stepping right foot to right side at same time slap hands on top of thighs, clap hands in front
7-8 On right foot pivot ½ turn right stepping left foot to left side at same time slap hands on top of thighs, clap hands in front

FULL TURN SIDE SHUFFLE KICKBALL CHANGE

1-2 Step right, foot to right side making ½ turn right stepping on left making ½ turn right
3&4 Step right foot to right side bring left foot next to right step right foot to right side
5-6 Rock back on left foot rock forward on right foot
7&8 Kick left foot forward bring left foot back in place step right foot next to left

1-16 Repeat 17-32 leading with left foot

ROCK RECOVER TRIPLE TURN ROCK RECOVER COASTER STEP

1-2 Rock forward on right foot rock back onto left foot
3&4 Making a ¾ turn over right shoulder stepping right left right
5-6 Rock forward on left foot rock back on right foot
7&8 Step back on left foot step right foot next to left step forward on left foot

FULL TURN SHUFFLE ROCK RECOVER COASTER STEP

1-2 Stepping forward on right make ½ right step back on left making ½ turn right
3&4 Step right foot forward bring left foot next to right foot step right foot forward
5-6 Rock forward on left rock back onto right
7&8 Step back on left foot, bring right foot next to left, step forward on left foot

REPEAT

TAG

On the fourth repetition (9:00 wall) replace 9-12 and 13-16 with an extra right foot scuff up & back, back lock back, right foot scuff up & back, back lock back. Continue with dance from step 17
On wall 6 start dance from step 1 to step 32 add 1& ¼ turn to left to end dance at front wall.

