

Gadget

拍數: 32 牆數: 4 級數: Intermediate
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音樂: Inspector Gadget - Five



KICK, STEP, KICK, STEP, STEP, HEEL TWIST, REPEAT

1&2& Kick right forward, step right forward, kick left forward, step left forward
3&4 Step right forward, twist both heels in, twist both heels out
5&6& Kick left forward, step left forward, kick right forward, step right forward
7&8 Step left forward, twist both heels in, twist both heels out

The kick, steps are syncopated and similar in style to heel switches but traveling forward

SWITCH STEP ½ PIVOT LEFT, ROCK FORWARD & BACK, SIDE, BEHIND, CROSS, CLAP, CLAP

&1-2 Step left next to right, step forward right, pivot ½ left
&3& Step left next to right, rock forward right, replace weight left
4&5 Rock back right, replace weight left, step right to right
6&7 Step left behind right, step right to side, cross step left over right
&8 Clap, clap

UNWIND A FULL TURN RIGHT, SIDE ROCK, TOUCH & STEP TWICE, ¼ LEFT

1-2 Unwind full turn right, bring right foot round and rock out to right side
3-4 Replace weight left, touch right next to left
&5 Step right to right, step left next to right
6&7 Touch right next to left, step right to right, step left next to right
8 On balls of both feet, twist a ¼ turn left (weight even)

STEP FORWARD, TOGETHER, BUMP & BUMP, STEP BACK, TOGETHER, BUMP & BUMP

1-2 Step forward right, step left next to right
3&4& Hip bumps right, left, right, left
5-6 Step back right, step left next to right
7&8& Hip bumps right, left, right, left

REPEAT

OPTIONAL LAST EIGHT COUNTS:

SMALL JUMP FORWARD, JUMP BACK, HIP BUMPS, REPEAT

1& Small jump forward on balls of both feet, large jump back
2& Small jump forward on balls of both feet, large jump back
3&4& Hip bumps right, left, right, left
5& Small jump forward on balls of both feet, large jump back
6& Small jump forward on balls of both feet, large jump back
7&8& Hip bumps right, left, right, left