

G Minor Fleas

COPPER KNOB
STEPPERS

拍數: 64 牆數: 1 級數: Intermediate
編舞者: Violet Ray (USA)
音樂: G Minor Fleas - Herb Ohta, Jr.



This dance was choreographed for Christian Liberty School in Keaau, Hawaii for their 2004 Junior High & High School play, "Desert Rain."
Start on Count 16 (when the other string instruments come in)

INTRO

FORWARD WALKS (SLOW MUSIC)

- 1-2 Step forward on right foot with hands up above head, wrist touching, palms facing out
- 3-4 Step forward on left foot bringing hands down slightly (about 45 degrees to each side)
- 5-6 Step forward on right foot bringing hands down a little more (about 90 degrees to each side - should be about shoulder height)
- 7-8 Step forward on left foot bringing hands down to sides

Above hand motions, 1-8, should be continuous and smooth

KNEE POPS WITH JAZZ HANDS (FAST MUSIC)

- 1-8 Pop right knee up with right hand out to right side, fingers spread, palm facing out (jazz hands). Left hand in front of stomach with fingers spread, palm facing in (jazz hands). Hold position for 7 counts

- 1 Pop left knee up with left hand out to left side, fingers spread, palm facing out (jazz hands). Right hand in front of stomach with fingers spread, palm facing in (jazz hands).
- 2 Pop right knee up with right hand out to right side, fingers spread, palm facing out (jazz hands). Left hand in front of stomach with fingers spread, palm facing in (jazz hands)
- 3 Repeat 1
- 4 Repeat 2
- 5 Repeat 1

THE MAIN DANCE:

HEEL GRIND, ROCK STEPS MOVING LEFT

- 1-2 Place right heel forward, grind heel from left to right while stepping left foot to left side
- 3-4 Step (rock) right foot back, recover weight on left foot
- 5-6 Repeat 1-2
- 7-8 Repeat 3-4

HEEL GRIND, ROCK STEPS MOVING LEFT

- 1-2 Place right heel forward, grind heel from left to right while stepping left foot to left side
- 3-4 Step (rock) right foot back, recover weight on left foot
- 5-6 Repeat 1-2
- 7-8 Repeat 3-4

WEAVE RIGHT

- 1-2 Step right foot to right side, cross left foot behind right foot
- 3-4 Step right foot to right side, cross left foot over right foot
- 5-6 Repeat 1-2
- 7-8 Repeat 3-4

¼ TURN RIGHT, HEEL TOE FORWARD (2X), ROCK, RECOVER, ½ TURN RIGHT, FORWARD

- 1-2 Turn ¼ right while placing right heel forward, step down on right foot

- 3-4 Place left heel forward, step down on left foot
- 5-6 Rock right foot forward, recover weight on left foot
- 7-8 Turn ½ right stepping on right foot, step left foot forward

HEEL TOE FORWARD (2X), ROCK, RECOVER, ¼ TURN RIGHT, TOGETHER

- 1-2 Place right heel forward, step down on right foot
- 3-4 Place left heel forward, step down on left foot
- 5-6 Rock right foot forward, recover weight on left foot
- 7-8 Turn ¼ right stepping on right foot, step left foot next to right foot

CROSS ROCK, RECOVER, SIDE ROCK, RECOVER, CROSS ROCK, RECOVER, STOMP, STOMP

- 1-2 Cross (rock) right foot over left foot, recover weight on left foot
- 3-4 Step (rock) right foot to right side, recover weight on left foot
- 5-6 Repeat 1-2
- 7-8 Stomp right foot down, stomp left foot down

CROSS ROCK, RECOVER, SIDE ROCK, RECOVER, CROSS ROCK, RECOVER, STOMP, STOMP

- 1-2 Cross (rock) right foot over left foot, recover weight on left foot
- 3-4 Step (rock) right foot to right side, recover weight on left foot
- 5-6 Repeat 1-2
- 7-8 Stomp right foot down, stomp left foot down

CROSS, HOLD, POINT, HOLD

- 1-2 Cross right foot over left foot, hold
- 3-4 Point left toe to left side, hold
- 5-6 Cross left foot over right foot, hold
- 7-8 Point right toe to right side, hold

REPEAT

ENDING

After dancing the dance 8 complete repetitions, do the following:

TOE DIGS FORWARD

- 1-2 Step ball of right foot forward, step ball of left foot forward (small steps)
- 3-4 Repeat 1-2
- 5-6 Repeat 1-2
- 7-8 Repeat 1-2

KNEE POPS WITH JAZZ HANDS

- 1 Pop right knee up with right hand out to right side, fingers spread, palm facing out (jazz hands). Left hand in front of stomach with fingers spread, palm facing in (jazz hands).
- 2 Pop left knee up with left hand out to left side, fingers spread, palm facing out (jazz hands). Right hand in front of stomach with fingers spread, palm facing in (jazz hands).
- 3-4-5 Repeat 1, repeat 2, repeat 1

HIP BUMPS

- 1-4 Bump hips, right, left, right, left while holding skirts and swishing right, left, right, left (if no skirts, both arms down to side and move hands, right, left, right, left - hands should be in "cup" position)
-