

Funkyfied

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate/Advanced
編舞者: Yvonne Anderson (SCO), Adrian Churm (UK) & John "Growler" Rowell (UK)
音樂: Fo Sho - Yolanda Adams



TOUCH OUT-IN-OUT, BEHIND-¼ LEFT-STEP, HEEL-SLIDE-TOE-SLIDE, ROCK-RECOVER-CROSS

- 1&2 Touch right toes to right, & touch right toes beside left, touch right toes to right
Optional arm styling: 1&2 flare hands out-in-out at chest level
3&4 Step right behind left, & making ¼ turn left step left to side, step right slightly forward (9:00)
5&6& Step left heel forward, & slide right behind left, step left toes back, & slide right across left
Easier option:
5&6& Weave side-behind-side-cross
7&8 Rock left to left, & recover weight on right, step left across right

DIAGONAL ROCKS FORWARD & BACK, KICK-BALL-TOUCH, BEHIND- KICK-BALL-CROSS, RONDE-CROSS, BALL PRESS-SWEEP

- 1&2& Rock right forward to right diagonal, & recover weight on left, rock right back (still on diagonal), & recover weight on left (10:30)
3&4 Kick right forward to left diagonal, & step right beside left, touch left toes to left (9:00)
&5&6& Step left behind right, kick right forward to left diagonal, & step right beside left, step left across right (7:30)
&7-8& Ronde right from back to front, step ball of right across left (bending knees), pushing off from ball of right straighten knees recover weight on left and sweep right out to right (9:00)

¼ TURN RIGHT TRIPLE STEP, SIDE STEP, HEEL TOUCH, ¼ LEFT HIP ROLL, CROSS-COASTER STEP

- 1&2 Make ¼ turn right on ball of left stepping right to side, & make ½ right on ball of right stepping left to left, step right to side (6:00)
3-4 Step left to left, swing right heel in and tap to floor (7:30)
5-6 Making ¼ left over two counts circle hips back and around (weight finishes on right with left toe pointed) (3:00)
&7&8& Step left across right, step right back, & step left beside right, step right forward

STEP ½ RIGHT-½ TURN STEP, COASTER STEP, DIAGONAL LEFT-LOCK-LEFT, STEP-FULL TURN-TOUCH

- 1&2 Step left forward, & make ½ right (weight on right), on ball of right make ½ turn right stepping left back
3&4 Step right back, & step left beside right, step right forward
5&6 Step left forward to left diagonal, & lock right behind left, step left forward
7&8 Pivot ½ turn left on ball of left, stepping right back, & pivot ½ turn left stepping left forward, touch right beside left

REPEAT
