Funky Music



拍數: 80 牆數: 1 級數: Intermediate/Advanced

編舞者: Bronya Bishorek (MY)

音樂: Play That Funky Music - Wild Cherry



HIP ROCK STEPS RIGHT, LEFT, RIGHT, LEFT

Place right toe diagonally forward, rock hip forward & back finishing with weight on right foot
Place left toe diagonally forward, rock hip forward & back finishing with weight on left foot

5-8 Repeat above

PUSH BACK, WALK BACK, SHOULDER JACKS RIGHT, LEFT

Pushing from left foot, take a big step back on right
Walk 3 steps back, left, right, step left next to right, slightly apart
Swivel toes to right & right, pulling right thumb up to right shoulder

7&8 Swivel toes to left & left, pulling left thumb up to left shoulder

DISCO SAMBAS, RIGHT, LEFT, RIGHT, LEFT

1 Step right to right

2 Touch left toe behind right

3 Step left to left

4 Touch right toe behind left

5-8 Repeat 1-4

POINT & SIT TWICE, HIP THRUST X 4 WITH TAMBOURINE HAND

1 Point right toe forward with knee bent and body facing left diagonal

2 Drop into a sitting position with weight on left

3-4 Repeat 1-2

5-8 Thrust right hip forward 4 times while bringing right hand up towards ear with a shimmy

motion

INCH WORM, STEP, STEP, ½ TURN, ½ TURN

1&2 Lean forward on ball of right foot, step left foot behind right, point right toe forward

3&4 Repeat

5-6 Step forward on right, left7 Turn ½ right stepping on right

8 Turn ½ right pulling left foot next to right

TOUCH SIDE, TOUCH SIDE, HIP ROLL, HIP ROLL, CLOSE AND TRANSFER

1-2 Touch right toe to right, step next to left3-4 Touch left toe to left, step next to right

Step right to right and roll hip
Step left to left and roll hip
Touch right toe next to left

8 Transfer weight to right foot with hip roll action

STEP FORWARD, 1/4 TURN LEFT X 4

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&1	Transfer weight to	o lett and steb	torward on right

2 Push right heel right and do a ¼ turn left finishing with weight on left

3 Step forward on right

4 Push right heel right and do a ¼ turn left finishing with weight on left

5-8 Repeat till facing front wall again

HIP THRUST SIDE, SLOW CIRCLE, QUICK CIRCLE, PUSH RIGHT

&1-4 Push hip to left then thrust to right 4 times
5-6 Rotate hips in a slow full circle, to the right
7 Rotate hips in a quick small circle, to the right
8 Push from left and transfer all weight to right foot

JAZZ BOX, 1/2 MAMBO TURN, 1/2 MAMBO TURN

1	Cross left over right	
2	Step back on right	
3	Step left to left	

4 Touch right toe next to left

5 Step right forward 6 ½ turn left on left 7 Step right forward 8 ½ turn left on left

DROP WEAVE LEFT, HIP BUMPS, CROSS STEP TOUCH, CROSS STEP, STEP

1&2 Cross right behind left, step left beside right, cross right over left

3 Step left and bump hip4 Step right and bump hip

5-6 Cross left over right, touch right to right7-8 Cross right over left, step left to left

REPEAT

This dance can be danced either as a 1-wall or 4-wall dance. If danced as a 4 wall dance, add and & count after the last 8 and do a ¼ turn left.