

Funkie Spirit

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Bryan McWherter (USA) & Wanda Holbert (USA)
音樂: Spirit In the Sky - Norman Greenbaum



TOE, HEEL, TOE, HEEL, KICK, KICK, TURN, TOE, HEEL

- 1-2 Touch right toe forward, step right heel down putting weight on it
- 3-4 Touch left toe forward, step left heel down putting weight on it
- 5-6 Kick right foot forward 2 times
- 7-8 Touch right toe back, make ½ turn to right while stepping down onto right heel

KICK, STEP, STEP, KICK, STEP, STEP, ROCK, RECOVER, TURN, TOE, HEEL

- 1&2 Kick left foot forward, step slightly forward onto left foot, step right foot slightly behind left
- 3&4 Kick left foot forward, step slightly forward onto left foot, step right foot slightly behind left
- 5-6 Rock forward onto left, rock back onto right
- 7-8 Quickly turn ½ left and touch left toe forward, then step left heel down

VINE, SHUFFLE, STEP ½ TURN, SHUFFLE

- 1-2 Step right foot to right side, step left foot crossing behind right
- 3&4 Step right foot to right making a ¼ turn, slide left foot next to right, step right foot forward
- 5-6 Step left foot forward, make a ½ turn to your left (weight on right)
- 7&8 Step left foot forward, slide right foot to meet with left, step left foot forward

STEP ½ TURN, STEP ½ TURN

- 1-4 Step right foot forward, hold
- 3-4 ½ turn to left(weight on left), hold
- 5-8 Step right foot forward, hold
- 7-8 ½ turn to left(weight on left), hold

REPEAT
