

Funkabilly Rap

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Intermediate/Advanced
編舞者: Rob Fowler (ES) & Paul McAdam (UK)
音樂: Funky Cold Medina (Y2K Remix) - Ton Loc



FULL MONTEREY TURN RIGHT, LEFT FULL MONTEREY, SYNCOPATED TOE TOUCHES, ½ TURN RIGHT

- 1 Touch right foot to right side (pulling left shoulder back)
- 2 Bring right foot beside left foot making a full turn right
- 3 Touch left foot to left side (pulling right shoulder back)
- 4 Bring left foot beside right foot making a full turn left
- 5 Touch right foot to right side
- & Bring right foot beside left foot
- 6 Step left foot to left side
- 7 Bend right knee inward towards left
- 8 Make ¼ turn right leaving right foot forward (weight on left foot)

RIGHT SYNCOPATED KICK CROSS RUNNING MAN STEP, REPEAT LEFT, SCUFF ¼ TURN LEFT, TOE SWITCHES

- 9 Kick right foot forward (toes pointing down)
- & Cross right foot in front of left foot
- 10 Jump out so that right foot is diagonally forward and left foot is diagonally back
- & Bring right foot back to center hitching left knee
- 11&12& Repeat counts 9-10& starting with left kick
- 13 Scuff right foot beside left foot
- & Make a ¼ turn left hitching right knee
- 14 Step right foot beside left foot
- 15 Touch left foot to left side
- 16 Switch step right foot to right side

FORWARD RIGHT LOCK SHUFFLE, STEP TAP, HOLD FOR ONE COUNT, SYNCOPATED STEP BACK, CLAP

- 17&18 Step forward on right foot, lock left foot behind right foot, step forward on right foot
- 19 Step forward on left foot
- 20 Touch right foot beside left foot
- 21 Step back on right foot
- 22 Hold for one count
- & Step back on left foot
- 23 Step right foot shoulder width apart
- 24 Clap hands

SYNCOPATED JUMPS IN PLACE TURN LEFT, BODY ROLL, ¼ TURN LEFT WITH HIP BUMPS, 4 COUNT BODY ROLL MAKING ¼ TURN LEFT

- 25 Jump both feet apart
- & Jump both feet together
- 26 Jump both feet together
- 27 Jump both feet to left side
- & Jump both feet to left side
- 28 Jump both feet to left side
- 29 Move neck and shoulders back
- 30 Sit on stool

- 31 Push hips forward
- & Make 1/8 turn left push hips forward
- 32 Make 1/8 turn left push hips left leaving weight on left foot

REPEAT
