# Funk-N-Gruvin



拍數: 32 牆數: 4 級數:

編舞者: Pedro Machado (UK)

音樂: Loosen Up My Strings - Clint Black



#### **FORWARD SWIVELS**

4

1 Turning body toward 1:30 o'clock, right toe pointing toward 3 o'clock, step forward on ball of

right

2 Swiveling on ball of right, turning body left toward 10:30 o'clock, step forward on ball of left

(left toe pointing toward 9 o'clock)

3 Swiveling on ball of left, turning body toward 1:30 o'clock, step forward on ball of right (right

toe pointing toward 3 o'clock)

& In place, on balls of both feet, right slightly forward of left, swivel feet left toward 10:30 o'clock

In place, on balls of both feet, right slightly forward of left, swivel feet right toward 1:30 o'clock

(shifting weight to left)

## MONTEREY TURN (1/2 TURN)

5 Touch right toe out to right side

6 On ball of left, turning ½ turn right (6 o'clock), slide step right to beside left

7 Touch left toe out to left side

8 Touch left beside right

### "OFF TO SEE THE WIZARD" (SYNCOPATED FORWARD DIAGONAL LOCK), 1/4 TURN

& Step slightly back on left

9 Step forward on right 45 degrees right

10 Cross step left behind right & Step slightly back on right

11 Step forward on left 45 degrees left

12 Cross step right behind left & Step slightly back on left

13 Step forward on right 45 degrees right

14 Cross step left behind right & Step slightly back on right

15 Stepping forward on left 45 degrees left, making ½ turn right (9 o'clock)

16 Step right beside left

#### CHASSE', ½ TURN, BODY ROLL

17 Traveling side right, cross step left over right

& Keeping left crossed over right, step right to right side

18 Cross step left over right

& Keeping left crossed over right, step right to right side

Cross step left behind right
Step right to right side
Cross left over right

21-22 Slowly unwind ½ turn right (3 o'clock)

23-24 Weight even, roll body up (shifting weight to left)

#### KICKS, SAILOR SHUFFLE

25-26 Kick right forward twice

27 Step right behind left (turn body to face slightly to right)

& Step left to left side (facing forward)

# KICKS, SAILOR SHUFFLE

29-30 Kick left forward twice

31 Step left behind right (turn body to face slightly to left)

& Step right to right side (facing forward)

32 Step left slightly forward and to left side (facing forward)

# **REPEAT**