

The Fun Monty

COPPER KNOB
BY STEPHEN

拍數: 0 牆數: 4 級數:
編舞者: David Millington (UK)
音樂: The Stripper - Joe Loss and His Orchestra



Sequence: (For "The Stripper") A, AB, AB, AB. (starts 16 beats into the music). When dancing this dance to music other than "The Stripper" use the ordinary sequence of AB, AB, AB, AB, etc.

PART A

SIDE, PAUSE & SIDE, TOUCH (WITH HIP ROLLS)

1-2 Step right foot to right side, pause
&3-4 Step left foot next to right (&), step right foot to right side, touch left toe next to right
The above 4 beats are danced circling hips in an to the left motion

SIDE, PAUSE & SIDE, TOUCH (WITH HIP ROLLS)

5-6 Step left foot to left side, pause
&7-8 Step right foot next to left (&), step left foot to left side, touch right toe next to left
The above 4 beats are danced circling hips in an to the left motion

HIP BUMPS AND GRINDS

9-10 Step diagonally forward to right with right foot and bump hips to right twice
11-12 Bend knees and bump hips downwards and to the right, bump hips to right normally
13-16 Keeping feet in place, grind hips to the left twice over 4 beats of the music

RIGHT KICK & TOUCH, LEFT KICK & TOUCH, REPEAT

17&18 Kick right foot diagonally forward to the left, step diagonally forward to the right on right foot (&), touch left next to right
19&20 Kick left foot diagonally forward to the right, step diagonally forward to the left on left foot (&), touch right next to left
21-24 Repeat beats 17-20

STEP, PIVOT ½, SASSY WALKS, STEP, PIVOT ½

25-26 Step forward on right, pivot ½ a turn left
27-28 Step right foot over left, step left foot over right
29-30 Step right foot over left, step left foot over right
31-32 Step forward on right, pivot ½ a turn left

PART B

SHIMMY & STEP, TOUCH, STEP LEFT, KICK, STEP RIGHT, KICK

1-2 Step right foot to right side while shimmying shoulders over 2 beats
&3-4 Step left foot next to right (&), step right foot to right side, touch left toe next to right
5-6 Step left foot to left side, kick right foot diagonally forward to the left
7-8 Step right foot to right side, kick left foot diagonally forward to the right

SHIMMY & STEP, TOUCH, STEP LEFT, KICK, STEP RIGHT, KICK

9-16 Repeat beats 1-3 of section 2 on opposite feet.

STEP, PIVOT ¼, STEP PIVOT ½

17-18 Step forward on right, pivot a ¼ turn left
19-20 Step forward on right, pivot ½ a turn left (optional hip rolls on above 4 beats)

& OUT, HEEL BOUNCES

&21 Step right foot to right side (&), step left foot to left side
&22 Raise both heels off the floor, drop heels
&23&24 Repeat beats &22 twice

REPEAT
