

Fun Fun Fun

拍數: 56 牆數: 4 級數: Improver
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音樂: You Never Can Tell - Aaron Neville



TOE STRUTS

- 1-2 Step right toe forward, drop heel taking weight
- 3-4 Step left toe forward, drop heel taking weight
- 5-6 Step right toe forward, drop heel taking weight
- 7-8 Step left toe forward, drop heel taking weight

STEP, HEEL TAPS, STEP, HEEL TAPS

- 1-4 Step right foot diagonally forward, tap right heel 3 times, put weight on right foot on 3rd tap
Option: lean to right as you tap heel, bring right hand up in front of face and brush 2 fingers (pointer and middle fingers spread apart) across face, palm out or in
- 5-8 Step left foot diagonally forward, tap left heel 3 times, put weight on left foot on 3rd tap
Option: lean to left as you tap heel, bring left hand up in front of face and brush 2 fingers (pointer and middle fingers spread apart) across face, palm out or in

STEP, ¼ TURN LEFT, SHUFFLE, ½ TURN RIGHT, SHUFFLE

- 1-2 Step forward on right, pivot ¼ turn left
- 3&4 Shuffle right, left, right
- 5-6 Step forward on left, pivot ½ turn right
- 7&8 Shuffle forward left, right, left

BOOGIE WALKS, HEEL SPLITS

- 1 Step slightly forward on right swiveling on ball of right foot so heel turns slightly out
- 2 Step slightly forward on left swiveling on ball of left foot so heel turns slightly out
- 3 Step slightly forward on right swiveling on ball of right foot so heel turns slightly out
- 4 Step slightly forward on left swiveling on ball of left foot so heel turns slightly out, (plant weight on left foot)
- 5-6 Feet together, put weight on toes and fan heels out, return heels to center
- 7-8 Feet together, put weight on toes and fan heels out, return heels to center

HEEL BOUNCES, JUMPS

- 1-4 Feet together, bounce heels up and down 4 times
- 5&6 Jump forward on right, bring left beside right, clap
- 7&8 Jump back on right, bring left beside right, clap

HIP BUMPS, HIP ROLL

- 1-2 Bump hips right 2 times
- 3-4 Bump hips left 2 times
- 5-8 Roll hips right, left, right, left

TWIST

- 1-4 Lean back on right foot, move hips right, left, right, left, while moving arms bent at elbow side to side
- 5-8 Lean forward left foot, move hips right, left, right, left, while moving arms bent at elbow side to side

REPEAT

