Full Of Love



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Lee Birks (UK)

音樂: Shot Full of Love - Jill Morris



WALK, WALK, RIGHT SHUFFLE, LEFT ROCK RECOVER 1/2 TURN& 1/4 TURN

1-2 Step right foot forward, step left foot forward

3&4 Step forward right, close left beside right, step right forward,

5-6 Rock left foot forward, recover weight back to right.

7-8 On the ball of right foot, reverse half turn over the left shoulder stepping left forward, step

right forward making a 1/4 turn left.

LEFT SAILOR STEP, BEHIND UNWIND, ½ TURN, CROSS LEFT ROCK RECOVER, LEFT SIDE COASTER STEP

1&2 Cross left behind right, step right to right side, step left in place.

3-4 Cross right behind left, unwind half a turn over right shoulder (weight to be on the right foot)

5-6 Cross rock left foot over right, recover weight back on to right.
7&8 Step left to the left side, step right to meet, step left in place

RIGHT SIDE, LEFT CROSS, RIGHT SIDE SHUFFLE 1/4 TURN, CROSS ROCK LEFT & RECOVER LEFT SIDE SHUFFLE

1-2 Step right to right side, step left over right

3&4 Step right to right side, close left beside right, step right making ½ turn to the right.

5-6 Cross rock left over right, recover weight back onto right.

7&8 Step left to left side, close right beside left, step left to left side.

RIGHT IN FRONT, LEFT BACK ¼ TURN, RIGHT DIAGONAL, BACK LOCK BACK, LEFT DIAGONAL BACK LOCK BACK, RIGHT ROCK RECOVER

1-2 Cross right in front of left, stepping weight on right, step left to left side, making 1/4 turn right

Step right diagonally back, lock left in front of right, step right diagonally right Step left diagonally back, lock right in front of left, step left diagonally back

Counts 3-5 (right and left diagonally back) are acute; almost sideways. At first the dance travels to the corners of the floor on each wall.

7-8 Rock back onto right, recover weight forward to left

REPEAT