Frontier Cha-Cha

拍數: 40

級數: Improver

編舞者: Kathy Sharpe (USA)

音樂: Love Stopped On A Dime - New Frontier

牆數:4

首	T架: Love Stopped On A Dime - New Frontier
1-4	Step to right on right foot, cross left behind right, cha-cha in place (right, left, right)
5-8	Step to left on left foot, cross right behind left, cha-cha in place (left, right, left)
9-12	Execute 1 ¼ turn right in two steps (step to right on right foot and pivoting on the ball of the right foot, step on left with weight, cha-cha in place (right, left, right)
13-16	Step forward on left foot, rock back onto right, cha-cha in place (left, right, left)
17-20	Touch right toe out to right side rocking right hip up and to right with slight weight shift to right foot, rock weight back onto left foot, cha-cha in place (right, left, right)
21-24	Touch left toe out to left side, rocking left hip up and to left with slight weight shift to left foot, rock weight back onto right foot, cha-cha in place (left, right, left)
25-28	Touch right toe forward, with weight on balls of both feet, execute ½ turn to left, cha-cha in place (right, left, right)
29-32	Step forward on left foot, rock back onto right, cha-cha by stepping back on left foot, stepping right foot in place and stepping forward on left foot (coaster step)
33-36	Repeat counts 25-28
37-40	Repeat counts 29-32
REPEAT	

