

# From Time To Time

**COPPER** KNOB  
BY STEPHEN METZ

拍數: 40      牆數: 2      級數: Beginner  
編舞者: Suzie Jacob (UK)  
音樂: From Time to Time - Rascal Flatts



## JAZZ BOX ON THE SPOT, JAZZ BOX ¼ TURN TO RIGHT

1-4      Cross right over left, step back left, step right to side, step left next to right weight on left  
5-8      Cross right over left, step back left, step right ¼ turn right, step left next to right weight on left

## RIGHT VINE AND LEFT VINE

1-4      Step right to right side, cross left behind right, step right to right side, touch left beside right  
5-8      Step left to left side, cross right behind left, step left to left side, touch right beside left

## FORWARD ROCK AND COASTER STEPS

1-2      Forward rock on right recover on left  
3&4      Step right back, step left beside right, step right forward  
5-6      Forward rock on left recover on right  
7&8      Step left back, step right next to left, step left forward

## FORWARD SHUFFLE TWICE WALK BACK 3 STEPS

1&2      Right forward shuffle  
3&4      Left forward shuffle  
5-8      Walk back right, left, right, touch left beside right

## LEFT VINE AND RIGHT VINE ¼ TURN

1-4      Step left to left side, cross right behind left, step left to left side, touch right beside left  
5-8      Step right to right side, cross left behind right, step right to right side ¼ turn, touch left beside right

**REPEAT**

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