

# From The Shadows Of Fire

**COPPER** KNOB  
BY STEPHEN METZ

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: The Phoenix (UK)  
音樂: Got to Get It - Sisqó



## BACK, TOUCH, (½-LEFT) BODY ROLL, TOGETHER, SIDE CHASSE, HIP BUMPS

1-2      Step right back, touch left toe back  
3      On balls of both feet pivot ½ turn over left shoulder: while completing a body roll upwards  
4      Step right beside left  
5&6      Step left to left side, step right beside left, step left to left side  
7&8      Bump hips: left, right, left

## SYNCOPATED SIDE CHASSES, SNAKE ROLL, HIP BUMPS

&      Hold for 1 count  
1-2      Step left beside right, step right to right side  
&      Hold for 1 count  
3-4      Step left beside right, step right to right side  
**For extra styling try snake rolling on the hold beats above**  
5-6      Complete a snake roll to your right  
7&8      Bump hips: left, right, left

## STEP, SPIN (1¼-LEFT), SIDE CHASSE, HIP BUMPS

1      Step right forward  
2      Raise both arms to both sides at shoulder level with palms facing up so your arms are now bent imitating the letter 'W' where the left & right points are your arms, and the center is your body  
3-4      (Keeping hands in position) while touching right toe to right side spin 1 ¼ turns left on ball of left foot  
5&6      Drop hands from here: step right to right side, step left beside right, step right to right side  
7&8      Bump hips: right, left, right

## KICK-BALL-SIDE, TOUCH, SIDE, STEP, STEP, SPIN FULL TURN, TOUCH: IN-OUT-STOMP

1&2      Kick right forward, step right beside left, step left to left side  
3&4      Touch right beside left, step right to right side, step left beside right  
5      Step right forward: raising both arms to both sides at shoulder level with palms facing up so your arms are now bent imitating the letter 'W' where the left & right points are your arms, and the center is your body  
6      Keeping hands in position: while touching right toe to right side: spin 1 full turn left on ball of left foot  
7&8      Drop hands from here: touch right beside left, touch right toe to right side, up-stomp right beside left

**REPEAT**

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