

From Hell To Paradise

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Mick Herbert (UK)
音樂: From Hell to Paradise - The Mavericks



TOE STRUTS, PIVOT ½ TURN, RIGHT SHUFFLE

1-2 Step right toe forward, drop right heel to floor
3-4 Step left toe forward, drop left heel to floor
5-6 Step forward on right, pivot ½ turn left
7&8 Step forward right, close left beside right, step forward right

TOE STRUTS, PIVOT ½ TURN, LEFT SHUFFLE

9-10 Step left toe forward, drop left heel to floor
11-12 Step right toe forward, drop right heel to floor
13-14 Step forward on left, pivot ½ turn right
15&16 Step forward left, close right beside left, step forward left

ROCK STEP, TRIPLE ½ TURN RIGHT, LEFT & RIGHT SHUFFLES

17-18 Rock forward on right, rock back on left
19&20 Triple step ½ turn right, stepping - right, left right
21&22 Step forward left, close right beside left, step forward left
23&24 Step forward right, close left beside right, step forward right.

ROCK STEP, TRIPLE ½ TURN LEFT, RIGHT & LEFT SHUFFLES

25-26 Rock forward on left, rock back on right
27&28 Triple step ½ turn left, stepping - left, right, left
29&30 Step forward right, close left beside right, step forward right
31&32 Step forward left, close right beside left, step forward left

SIDE STRUT, CROSS STRUT WITH ¼ TURN RIGHT, ROCK STEP, COASTER STEP

33-34 Step right toe to right side, drop right heel to floor
35-36 Cross left toe over right while making ¼ turn right, drop left heel to floor.
37-38 Rock forward on right, rock back on left
39&40 Step back right, step left beside right, step forward right

SIDE STRUT, CROSS STRUT WITH ¼ TURN LEFT, ROCK STEP, TRIPLE ½ TURN LEFT

41-42 Step left toe to left side, drop left heel to floor
43-44 Cross right toe over left while making ¼ turn left, drop right heel to floor
45-46 Rock forward on left, rock back on right
47&48 Triple step ½ turn left, stepping - left, right, left

HEEL, TOE TOUCHES, CROSS STEPS WITH TOUCHES LEFT & RIGHT

49-50 Touch right heel forward, touch right toe back
51-52 Cross step right over left, touch left to left side
53-54 Touch left heel forward, touch left toe back
55-56 Cross step left over right, touch right to right side

PIVOT ½ TURN, STEP TOUCH, HEEL SWITCHES, STEP PIVOT ¼ TURN

57-58 Step forward on right, pivot ½ turn left
59-60 Step forward right, touch left beside right
&61&62 Step left beside right, touch right heel forward, step right beside left, touch left heel forward

&63-64

Step left beside right, step forward right, pivot $\frac{1}{4}$ turn left (weight onto left).

REPEAT
