

Frisco Turnaround

拍數: 45 牆數: 0 級數:
編舞者: Ruth Elias (UK)
音樂: Unknown



- 1-4 Left heel touch forward, left heel back in place, right toe touch back, scuff right foot forward
5-8 Step down on right foot (forward), left foot slide up behind right, right foot step forward, scuff left foot forward
- 9-12 Step forward on left foot, slide right foot up behind left, step forward on left foot, scuff right foot forward
- 13-16 Step to right side on right foot, cross left foot behind right, step to right on right foot then ball-change on left
- Bring left foot down and quickly change your weight over to right foot**
- 17 Kick left foot forward
18-21 Step to left side on left foot, cross right foot behind left, step to left on left foot then ball-change on right foot
- Bring right foot down and quickly change your weight over to left foot**
- 22 Kick right foot forward
23-24 Step back on right foot, touch back with left foot
- 25-28 Step forward on left foot, pivot a ½ turn right, step forward on left foot, pivot a ½ turn right
29-32 Step forward on left foot, hitch right knee, step back on right foot, step back on left foot
- 33-35 Turn 1 ½ turns backwards to right on right, left, right
36-37 Left forward shuffle
38-39 Step forward on right foot, pivot a ½ turn left
40-43 Right forward shuffle, left forward shuffle
44-45 Step forward on right foot, stop left foot beside right

REPEAT
