

# Friends For A Lifetime

**COPPER KNOB**  
BY STEPHEN METZ

拍數: 48      牆數: 2      級數: Intermediate waltz  
編舞者: Carol Mckee (AUS)  
音樂: Friends For A Lifetime - Claire Lynch



## CROSS WALTZ, CROSS, TOUCH, KICK

1-2-3      Step left over right, step right to right, step left to left  
4-5-6      Step right over left, touch left toe next to right, kick left 45 degrees left

## BEHIND, SIDE, CROSS, SIDE, DRAG, TOUCH

1-2-3      Step left behind right, step right to right, cross left over right  
4-5-6      Step right to right, drag left to right, touch left next to right

## ROLLING VINE, STEP, LOCK, STEP

1-2-3      Step left ¼ turn left, turning ½ turn left step back right, turning ¼ turn left step left to left  
4-5-6      Step right forward, step left behind right, step right forward

## STEP, PIVOT TURN, STEP, SIDE, ROCK, BEHIND

1-2-3      Step left forward, pivot turn ½ turn right, step left forward  
4-5-6      Step right to right, rock onto left, step right behind left

## SIDE, ROCK, BEHIND, TURN, TURN, STEP

1-2-3      Step left to left, rock onto right, step left behind right  
4-5-6      Step right ¼ turn right, turning ¼ turn right step left to left, step on right

## STEP, SCUFF, SWING, BEHIND, SIDE, CROSS

1-2-3      Step left 45 degrees right, scuff right forward, swing right behind left  
4-5-6      Step right behind left (face front), step left to left, step right over left

## STEP, TOUCH, HOLD, WALTZ BACK

1-2-3      Step left 45 degrees left, touch right next to left, hold  
4-5-6      Waltz back: right-left-right (face front)

## CROSS WALTZ, CROSS, TURN, TURN

1-2-3      Step left over right, step right to right, step left to left  
4-5-6      Step right over left, turn ¼ turn right and step back left, turn ¼ turn right and step right to right

## REPEAT

## TAG

When music slows on 4th wall, at the end of counts 10, 11 & 12 (step, drag, touch), hold for count of 3 and then continue dance

## FINISH DANCE

After count 27, turn ½ turn left on balls of both heels, drop feet