

# Friends

拍數: 48      牆數: 4      級數: waltz  
編舞者: Michael Vera-Lobos (AUS)  
音樂: Friends and Lovers - Gloria Loring



## This dance is dedicated to the memory of Leslee Thomson

- 1-3      Cross right over left, step back on left, step right to right (traveling back)  
4-6      Cross left over right, step back on right, step left to left (traveling back)
- 1-3      Step forward on right, pivot  $\frac{1}{4}$  turn left on balls of feet dropping heels, pivot  $\frac{1}{4}$  turn left on balls of feet dropping heels (weight on right)  
4-6      Touch left toe back, pivot  $\frac{1}{4}$  turn left on balls of feet dropping heels pivot  $\frac{1}{4}$  turn left on balls of feet dropping heels (weight on left)
- 1-3      Traveling right-step right to right side, cross left behind right, point right toe to right side  
4-6      Cross right over left, step back on left turning  $\frac{1}{4}$  turn right, step back on right turning  $\frac{1}{4}$  turn right
- 1-3      Waltz forward ; step forward left, step forward right turning  $\frac{1}{2}$  turn left, step left beside right  
4-6      Basic waltz back ; step back right, step left beside right, step right beside left
- 1-3      Diagonal lock forward ; step forward left 45 degrees left, lock right behind left, step forward left 45 degrees left  
4-6      Cross right over left, step back on left turning  $\frac{1}{4}$  turn right, step onto right turning  $\frac{1}{4}$  turn right
- 1-3      Diagonal lock back ; step back left 45 degrees left, cross right over left, step back left 45 degrees left  
4-6      Traveling turn full turn right stepping right-left-right
- 1-3      Weave left, step left to left side, cross right behind left, step left to left side  
4-6      Weave left, cross right over left, step left to left side, kick right foot forward
- 1-3      Tap right toe forward, pivot  $\frac{1}{4}$  turn left on balls of both feet dropping heels, pivot 45 degrees left on balls of both feet (ending with weight on left)  
4-6      Step back on right turning  $\frac{1}{2}$  turn left, step forward on left, kick right foot 45 degrees right

## REPEAT

## BRIDGE

**18-count bridge occurs once during song at the end of the second wall add the following steps-**

- 1-3      Diamond waltz- step back right turning  $\frac{1}{4}$  turn left, step left beside right, step right beside left  
4-6      Step forward left turning  $\frac{1}{4}$  turn left, step right beside left, step left beside right  
1-3      Step back right turning  $\frac{1}{4}$  turn left, step left beside right, step right beside left  
4-6      Step forward left turning  $\frac{1}{4}$  turn left, step right beside left, step left beside right  
1-3      Step back right turning  $\frac{1}{2}$  turn left, step left beside right, step right beside left  
4-6      Step forward left turning  $\frac{1}{2}$  turn left, step right beside left, step left beside right