

Friends

拍數: 32 牆數: 4 級數: Improver
編舞者: Vivienne Scott (CAN)
音樂: Why Can't We Be Friends? - Rick Tippe



The count-in for the song 'Friends' is 54 counts into the lyrics

SIDE SHUFFLE RIGHT, ROCK BACK, LEFT SHUFFLE WITH ¼ TURN LEFT, STEP ½ TURN PIVOT

1&2 Step side right, close left beside right, step side right
3-4 Rock back left, recover on right
5&6 Step side left with ¼ turn left, close right beside left, step forward left
7-8 Step forward right, pivot ½ turn left (weight on left)

STEPS FORWARD WITH HIP BUMPS, ROCK FORWARD, RIGHT COASTER BACK

9&10 Step right foot forward as you bump hips right, left, right
11&12 Step left foot forward as bump hips left, right, left
13-14 Rock forward right, recover on left
15&16 Step back right, step left beside right, step forward right

SIDE ROCK LEFT, SYNCOPATED VINE WITH ¼ TURN, ROCKS FORWARD AND BACK

17-18 Rock side left, recover on right
19&20 Step left behind right, step side right with ¼ turn right, step forward left
21-22 Rock forward right, recover on left
23-24 Rock back right, recover on left

GRAPEVINE RIGHT WITH TOUCH AND CLAP, GRAPEVINE LEFT WITH ¼ TURN LEFT AND SCUFF

25-26 Step right to right side, step left behind right
27-28 Step right to right side, touch left beside right, clap
29-30 Step left to left side, step right behind left
31-32 Step left to left side with ¼ turn left, scuff right

Alternative: rolling grapevine with 1 ¼ turn

29-30 Step left with ½ turn left, step right with ½ turn left
31-32 Step left with ¼ turn left, scuff right

REPEAT
