

# Friends

**COPPER KNOB**  
STEPSHETS

拍數: 24      牆數: 4      級數: Beginner waltz  
編舞者: Lorraine Deering (AUS)  
音樂: You're the Best Friend - Isla Grant



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## WALTZ FORWARD, WALTZ BACK

1-2-3      Turn ¼ turn left step left forward, step right together, left together  
4-5-6      Step right back, step left together, step right together

## TWINKLE RIGHT, TWINKLE LEFT

1-2-3      Step left across right, step right together, step left together  
4-5-6      Step right across left, step left together, step right together

## FORWARD LIFT, BACK AND TOUCH

1-2-3      Step forward on left, lift right forward, hold  
4-5-6      Step back on right, touch left together, hold

## BACK LIFT, BACK AND TOUCH

1-2-3      Step left back, lift right leg forward, hold  
4-5-6      Step right back, touch left together, hold

**REPEAT**

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