Friends

COPPER KNOB

拍數: 0

編舞者: June Toh (MY)

牆數:2

音樂: Friends - Emil Chau

Sequence: AB Bridge ABB Tag1 B Tag2 AA

PART A 1-2& Rock right to right, recover weight onto left, step right beside left 3-4& Rock left to left, recover weight onto right, step left beside right 5-6& Step right forward, pivot 1/2 turn left, making a 1/2 turn left step right beside left (12:00 wall) 7-8& Rock left back, recover weight onto right with a 1/4 turn left, step left across 9 Facing left diagonal (9:00 wall) rock right back 10& Recover weight onto left, step right beside left with a 1/4 turn left 11 Facing left diagonal (6:00 wall) rock left back 12& Recover weight onto right, straighten up to face 6:00 wall 13& Rock left to left, recover weight onto right 14& Step left across right, step right to right 15& Step/cross left behind right, sweep right around to end behind left 16& Step/cross right behind left, step left to left 17-18& Step right forward to left diagonal, step left forward to left diagonal, pivot 1/2 turn right 19 Facing left diagonal (12:00 wall) step left forward 20& Straightening up to face 12:00 wall rock right to right, recover weight onto left 21-21& Step right across left, step left to left, slide/step right across left 23-24& Step left to left, step right back, step left beside right 25-26& Step right forward, step left forward, step right beside left 27-28 Step left back, step right back 29-30 Rock weight forward onto left, step right forward 31&32 Step left forward, pivot 1/2 turn right, step left forward PART B 1& With body facing slightly left diagonal tap right to right diagonal, repeat 2 Lunge/step right to right diagonal 3& With body facing slightly right diagonal tap left to left diagonal, repeat 4 Lunge/step left to left diagonal Step right forward, recover weight onto left, step right back to right diagonal 5&6 7&8 Step left behind right, recover weight onto right, lunge/step left to left 9-10& Step right behind left, recover weight onto left, step right back making a 1/4 turn left 11&12& Step left forward making a 1/2 turn left, step right, left, right making a full turn forward (to the right) 13-14 Step left back, sweep right around to step behind left 15&16 Sweep left around to step behind right, step right to right, step left to left (sailor step) 17-32 Repeat counts 1-16 33-34 Sway hips right, left

級數: Intermediate



1-2& 3-4&	Rock right across left, recover weight onto left, step right beside left Rock left across right, recover weight onto right, step left beside right
5-6&	Rock right back, recover weight onto left, step right beside left
7-8&	Rock left forward, pivot 1/2 turn right, step left beside right
9-16	Repeat counts 1-8
17-18&	Rock right behind left, recover weight onto left, step right beside left
19-20&	Rock left behind right, recover weight onto right, step left beside right
21-22&	Rock right to right, recover weight onto left, cross/step right over left
23-24&	Making a ¼ turn right, rock left to left, recover weight onto right, step left beside right
25-32	Repeat counts 17-24
33-34&	Rock right behind left, recover weight onto left, step right beside left
35-36&	Rock left behind right, recover weight onto right, step left beside right
TAG 1	
1-2	Sway hips right, left
TAG 2	
1-2	Step right forward to right diagonal, drag left foot towards right foot
3-4	Step left back to left diagonal, drag right foot towards left foot
5-8	Hold with weight on left