

Friends

拍數: 40 牆數: 1 級數: Beginner
編舞者: Marina Girardi
音樂: With a Little Help from My Friends - The Young Idea



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- 1-2-3-4 Step forward on right, scuff left, step forward on left, scuff right
5-6-7-8 Step forward on right, scuff left, step forward on left, scuff right
- 1-2-3-4 Rock forward on right, step back on left, step right $\frac{1}{4}$ right, cross left over right
5-6-7-8 Step right to right, step left behind right, rock right to right, step left in place
- 1-2-3-4 Step right in front of left, touch left toes to the left step left in front of right, touch right toes to the right
5-6-7-8 Rock forward on right, step left in place, step right $\frac{1}{4}$ right, step left next to right
- 1-2-3-4 Step forward on right, scuff left, step forward on left, scuff right
5-6-7-8 Rock forward on right, step left in place, step right $\frac{1}{4}$ right, step left next to right
- 1-2-3-4 Step right in front of left, touch left toes to the left, step left in front of right, touch right toes to the right
5-6-7-8 Rock forward on right, step left in place, step right $\frac{1}{4}$ right, step left next to right

REPEAT
