

# Friends

拍數: 40      牆數: 1      級數: Beginner  
編舞者: Marina Girardi  
音樂: With a Little Help from My Friends - The Young Idea



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- 1-2-3-4      Step forward on right, scuff left, step forward on left, scuff right  
5-6-7-8      Step forward on right, scuff left, step forward on left, scuff right
- 1-2-3-4      Rock forward on right, step back on left, step right  $\frac{1}{4}$  right, cross left over right  
5-6-7-8      Step right to right, step left behind right, rock right to right, step left in place
- 1-2-3-4      Step right in front of left, touch left toes to the left step left in front of right, touch right toes to the right  
5-6-7-8      Rock forward on right, step left in place, step right  $\frac{1}{4}$  right, step left next to right
- 1-2-3-4      Step forward on right, scuff left, step forward on left, scuff right  
5-6-7-8      Rock forward on right, step left in place, step right  $\frac{1}{4}$  right, step left next to right
- 1-2-3-4      Step right in front of left, touch left toes to the left, step left in front of right, touch right toes to the right  
5-6-7-8      Rock forward on right, step left in place, step right  $\frac{1}{4}$  right, step left next to right

**REPEAT**

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