

# Friendly Waltz

拍數: 36      牆數: 4      級數: Improver waltz  
編舞者: Kay Chard Nichol  
音樂: I See It Now - Tracy Lawrence



## SIDE WALTZES

- 1-2      Weight on right foot, step to the left on left foot, step right foot next to left foot
- 3      Step left foot next to right foot
- 4-5      Step to right on right foot, step left foot next to right foot
- 6      Step right foot next to left foot

## CROSS ROCKS

- 7-8      Cross left foot over right foot and step, rock back onto right foot in place
- 9      Step left foot next to right foot
- 10-11      Cross right foot over left foot and step, rock back onto left foot in place
- 12      Step right foot next to left foot

## CROSS STEP, TURN, VINE LEFT REPEAT

- 13-14      Cross left foot behind left foot and step, step to the right on right foot making  $\frac{1}{2}$  turn to the right with the step
- 15      Step to the left on left foot
- 16-17      Cross right foot behind left foot and step, step to the left on left foot
- 18      Step right foot next to left foot
- 19-24      Repeat beats 13-18

## BOX STEPS

- 25-26      Step forward on left foot, step to the right with right foot
- 27      Step left foot next to right foot
- 28-29      Step back on right foot, step to the left on left foot
- 30      Step right foot next to left foot

## TURN, WALTZ BACK

- 31      Step forward on left foot and begin a  $\frac{1}{2}$  turn to the left with the step
- 32      Step right foot and continue  $\frac{1}{2}$  turn to the left
- 33      Step left foot next to right foot and complete  $\frac{1}{2}$  turn to the left
- 34      Step back on right foot
- 35      Step left foot next to right foot
- 36      Step right foot next to left foot (with weight)

## REPEAT

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