

# Friday Night Slide

**COPPER KNOB**  
STEPPERS

拍數: 60      牆數: 4      級數:  
編舞者: Alan Souber Rickmansworth (UK)  
音樂: Fresh Coat of Paint - Lee Roy Parnell



## **SIDE STEP RIGHT, HOLD, SLIDE LEFT TOGETHER, HOLD (REPEAT)**

Bend knees slightly

1-8      Step right to side and hold, slide left up to right, and hold (repeat)

A shimmy works well here

## **LEFT WEAVING GRAPEVINE**

9-10      Step left to side, step right behind

11&12      Step left to side & step right across front, step left to side

You must put your full weight on left, ready to push off to right

## **SIDE STEP RIGHT, HOLD, SLIDE LEFT TOGETHER, HOLD (REPEAT)**

13-20      Repeat 1-8

## **HEEL SWITCHES RIGHT, LEFT, RIGHT HOLD, HEEL SWITCHES LEFT, RIGHT, LEFT HOLD**

21-24      Touch right heel forward, left heel, right heel, hold (clap on hold)

25-28      Touch left heel forward, right heel, left heel, hold (clap on hold)

## **LEFT GRAPEVINE, ¼ TURN LEFT, STEP WITH BACK HITCH**

29-30      Step left to side, cross right behind

31-32      Step left to side with a quarter turn to left step right in front, hitching left behind

## **TOE STRUTS BACK, LEFT RIGHT LEFT RIGHT**

33-36      Step back onto left toes, heel down, right toes back, heel down

37-40      Left toes, heel down, right toes, heel down

## **4 HIP BUMPS 2 RIGHT, 2 LEFT, 2 HIP GRINDS LEFT**

41-44      Bump hips two right, two left

45-48      Grind hips around to left full circle twice

## **RIGHT SHUFFLE, LEFT SHUFFLE**

49-52      Right shuffle forward, left shuffle forward

## **CROSS KICK, KICK, SAILOR STEP**

53-54      Kick right across left, then kick right out to right

55&56      Step right behind left & step on left beside right, step on right

## **CROSS KICK, KICK, SAILOR STEP**

57-58      Kick left across right, then kick left out to left

59-60      Step left behind right & step on right beside left, step on left

**REPEAT**

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